

# NANOPARTICLES FOR BRAIN TARGETING THROUGH NASAL

## ROUTE: HOPE OR HYPE

Sharma Om Prakash, Mehta Tejal A.

Department of Pharmaceutics, Institute of Pharmacy, Nirma University,

S. G. Highway, Ahmedabad-382481, Gujarat, India

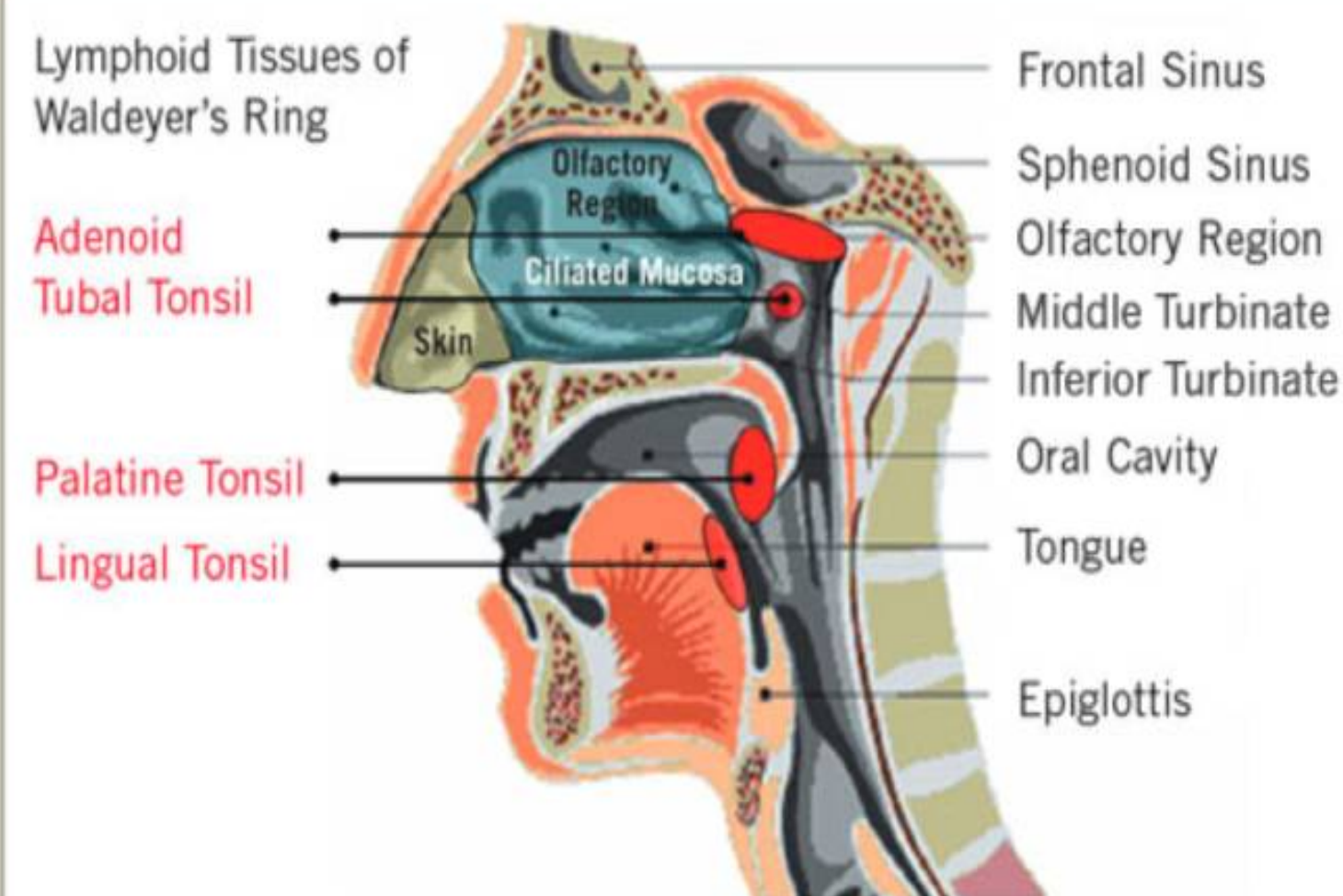
Email: opsharmaipsdr@gmail.com



**NIRMA**  
UNIVERSITY

INSTITUTE OF PHARMACY

### Nasal Physiology



### Barriers to Brain Delivery

**Physical barrier**  
(Endothelial cells, Capillary pericytes & Perivascular astrocytes)

**Enzymatic barrier**  
(Various types of ecto-enzymes)

**Efflux barrier**  
(Transporters like p-gp)

### Strategies to Overcome Barrier

#### Invasive Delivery

- Intra-cerebro-ventricular (ICV) infusion
- Intra-thecal delivery
- BBB disruption (Osmotic, Ultrasound, Bradykinin-analogue)
- Lipidization, transporters, Nanocarriers

#### Non-Invasive Delivery

- Nasal to brain drug delivery

### Advantages of Nasal Drug Delivery

- Absence of blood brain barrier
- Rapid onset of action
- Reduce health workers' risks of needle-stick injuries
- Improve patient compliance
- Allow patients to self-medicate
- Can be use chronically

### Critical Factors for Nasal Drug Delivery

- Physico-chemical factors** (Chemical form, Particle Size, Polymorphism etc.)
- Formulation factors** (pH, Penetration enhancers, Preservatives etc.)
- Physiological factors** (Pathological condition, blood flow, Clearance etc.)
- Patient related factor** (Head position, Insertion sight, inhalational speed etc.)
- Device related factors** (Spray cone angle, turbulence, Injected speed etc.)

### Efficiency of Nasal Nanoparticulate Delivery over Nasal and Intravenous Solution

Polymer	Drug	Intranasal Solution	Intravenous route	Reference
Chitosan	Bromocriptine	2 times	3 times	Md et al., 2013
PLGA	Olanzapine	6.35 times	10.86 times	Seju et al., 2011
Chitosan	Venlafaxine	3 times	8 times	Haque et al., 2012
Chitosan	Rivastigmine	2 times	3 times	Fazil et al., 2012
PLA-PEG	Zidovudine	1.3 times	Not Done	Mainardes et al., 2010
Chitosan	Thymoquinone	18 times	More than 100 times	Alam et al., 2012
MPEG-PLA	Nimodipine	1.56 times	Not done	Zhang et al., 2006

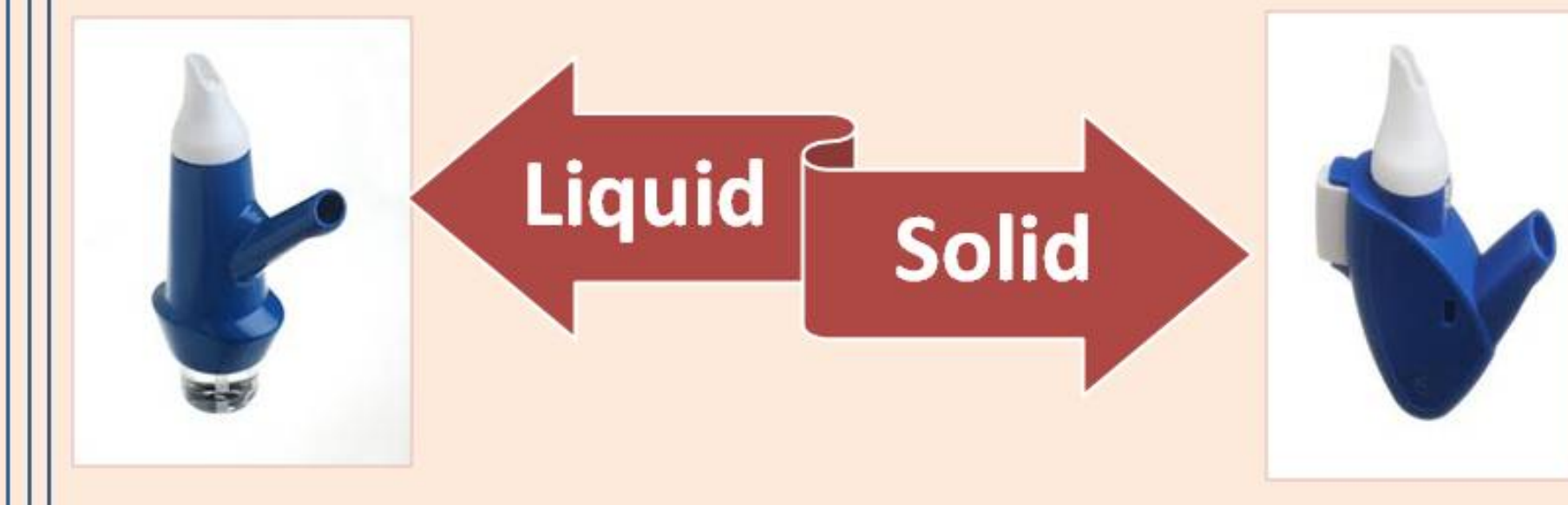
### List of Patents for Nasal to Brain Drug Delivery

Inventor	Patent No.	Drug	Description
Francosis et al.	US 6,054,462	Alniditan	•Chitosan nanoparticles •Unit dose nasal spray •Increase bioavailability at brain •Reduce peripheral side effects.
Greco et al.	US 7,989,502 B2	Modafinil	•Lipid Microemulsion •Given through OPTINOSE® •Targeting upper third part of nasal cavity to increase brain delivery.
Frey II	US 6,180,603	Neurologic agents	•Drug delivered along with lipophilic substance like Phosphatidylserine and ganglioside to increase absorption through olfactory region.

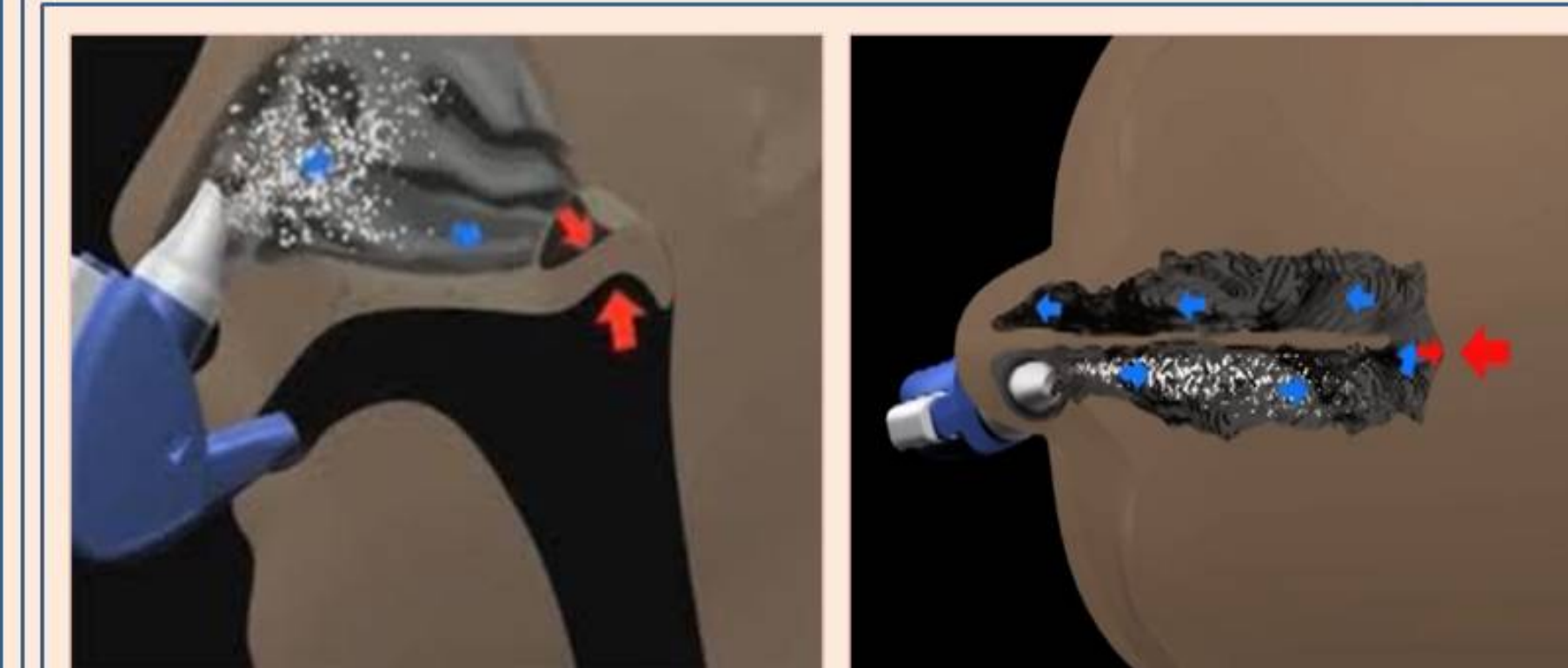
### List of Patents for Nasal to Brain Drug Delivery Device

Inventor	Company	Patent No.	Description
Hoekman et al.	Impel Neuropharma INC., WA, US	WO2012119153A2 (2012)	•Propellant based device •Specifically at olfactory region •For both solid and liquid formulations.
Djupesland, P.G.	Optinose AS, Oslo, NO	US 7,347,201 B2 (2008)	•Exhalation breath-actuated device •Comprise of a nosepiece and mouthpiece.
Heinz, H.	Boehringer Ingelheim Pharma GmbH & Co. KG, Germany	EP 2,020,249 A1 (2009)	•Inhaler actuated device •For delivery of powder •Consist of one piercing element, an inhalational channel and an inlet opening at lower housing part.

### OPTINOSE



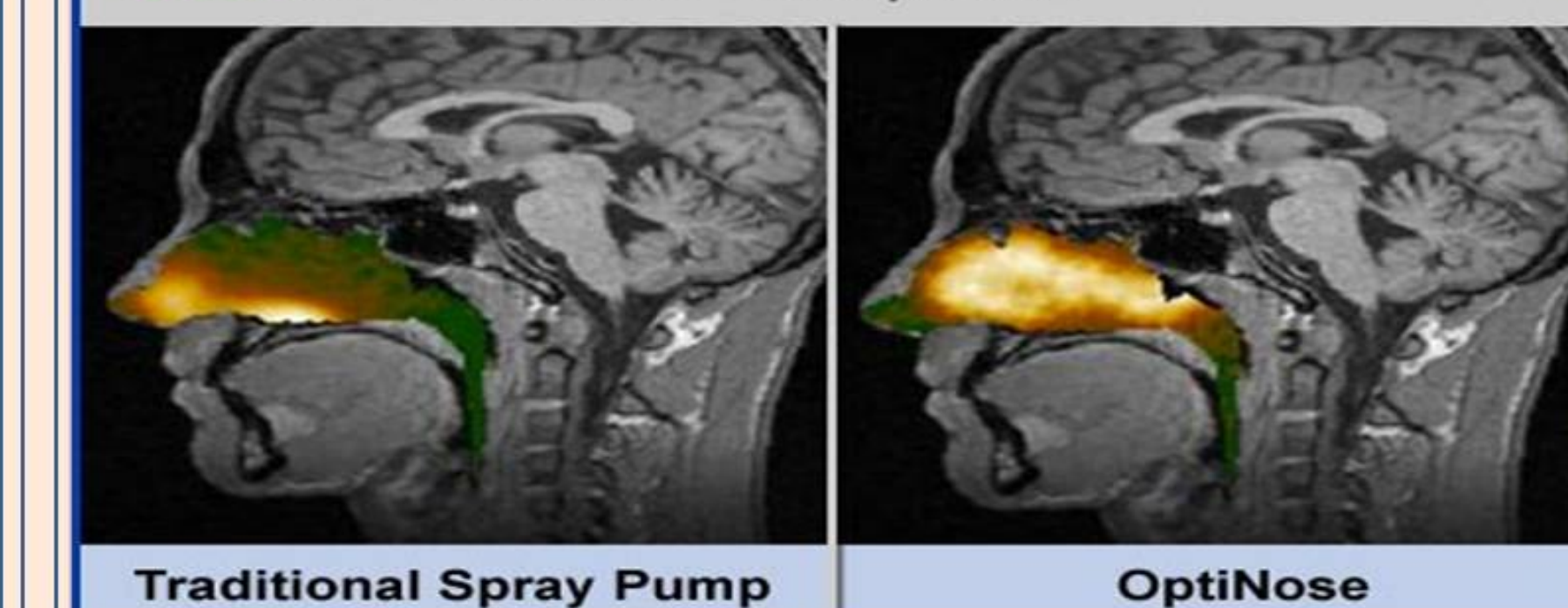
### Way to Deliver



### Comparison with Conventional Device

#### Gamma-scintigraphy images from the same subject Cumulative distribution during 32 minutes

White areas in the nose = 20% or more of the max intensity  
Orange areas indicate = 0-20% of max intensity  
Green areas in the nose = No deposition



### Surface Modification of Nanoparticles to Enhance Brain Delivery

Conjugation	Coating
Lectins	Chitosan Coating
Poly Ethylene Glycol	Polysorbate Coating
Wheat germ agglutinin	β-cyclodextrin derivatives

### Conclusion

- Nanoparticulate formulation improves the efficiency of brain drug delivery via nasal administration as compared to conventional nasal and Intravenous formulation.
- Development of nanoparticulate formulation is a big hope for industrial scientist for treatment of brain diseases. However, delivery by suitable device can only decides its effectiveness.

### References

- Mistry et al, Nanoparticles for direct nose-to-brain delivery of drugs, International Journal of Pharmaceutics 379 (2009) 146-157
- Illum, L. Nasal drug delivery — Recent developments and future prospects. Journal of Controlled Release 161 (2012) 254-263.
- <http://www.optinose.com>, Accessed on 5 Feb. 2013

This Poster has been presented at Recent Advances in Drug Delivery Workshop organized by RPCP, CHARUSAT, at Changa on Feb. 21-23, 2013