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# **Original Article**

# Neuroprotective effects of potassium channel openers on cerebral ischemia–reperfusion injury in diabetic rats





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#### ABSTRACT

*Objectives*: This study was done to estimate the potential neuroprotective role of potassium channel openers in cerebral ischemia–reperfusion (IR) injury in streptozotocin (STZ) induced type-I diabetic rats (T1DR).

*Methods:* Potassium channel openers – cromakalim, cinnarizine and nicorandil; potassium channel blocker –glibenclamide, insulin (as an antidiabetic standard), telmisartan (as an anti-hypertensive standard agent) and vitamin E (as an antioxidant and antiapoptotic standard agent) were given for 3 days in streptozotocin (45 mg/kg i.v.) induced type I diabetic rats along with middle cerebral artery occlusion. After 24 h of surgery, plasma glucose, neurobehavioral score, cerebral infarct volume, blood pressure and caspase-3 levels were measured to evaluate the mechanism of potassium channel openers (KCOs) for neuroprotection.

*Results:* Following STZ administration and ischemia–reperfusion, blood sugar, neurobehavioral score, cerebral infarct volume and caspase-3 levels were significantly high in diabetic-IR groups. Treatment with cromakalim, cinnarizine, nicorandil, insulin and vitamin E significantly reduce neurobehavioral score while nicorandil and vitamin E significantly reduced cerebral infarct volume. Caspase-3 levels were significantly reduced by cromakalim and nicorandil treated animals. Except insulin and glibenclamide, none of the agents significantly reduce plasma glucose levels.

*Conclusion:* Treatment of ischemic stroke with potassium channel openers in T1DR is neuroprotective. Inhibition of apoptosis may contribute to their neuroprotective effects after stroke in T1DR.

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#### 1. Introduction

Cerebral ischemic stroke is caused due to obstruction of blood supplied to the brain. It is classified either as ischemic stroke (IS) or hemorrhagic stroke. There are around 83% cases of strokes with IS while the remaining have hemorrhagic brain stroke which results in leakage of blood into the brain. Important etiological factors for pathogenesis include hypercholesterolemia, hypertension and hyperglycemia. It is reported that diabetes mellitus (DM) increases the risk of brain stroke 2 to 3 times more. DM increases the risk of macrovascular and microvascular complications [1,2]. Current treatments options for brain stroke include the use of antiplatelet agents and tissue plasminogen activators (tPA) for their thrombolytic effects. Anti-oxidants such as vitamin C, E and growth factors are found to be neuroprotective in IS. Furthermore, anti-hypertensives, anti-hyperlipidemics as well as oral hypoglycemic agents are beneficial for prevention of IS [3].

However, tPA treatment of stroke after 3 h in patients with DM increases the risk of death and intracerebral hemorrhage [4,5]. Even, reports have found that tPA treatment within 2 h after stroke in type-I diabetic rats significantly increases brain hemorrhage, and increases neurobehavioral score after stroke [6,7]. Thus, there is a need to identify new treatment agents with neuroprotective action in IS and its related disorders like diabetes.

K<sup>+</sup> ion channels of CNS (central nervous system) play an important role for providing neuroprotection in animal models of ischemic brain stroke [8]. ATP sensitive potassium channel openers such as nicorandil and cromakalim showed free radical scavenging

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effect and anti-apoptotic effect in streptozotocin-induced diabetic rats and in cultured myocytes [9–11]. They produce neuroprotective action IR injury through anti-apoptotic, anti-oxidant and anti-inflammatory actions in various experimental animal models [12]. Thus they are newer therapeutic treatment targets for neuroprotection in ischemic brain stroke. However, their mechanism of neuroprotection in stroke and its related disorders like DM remains unknown. Present acute type of study assumed that potassium channel openers might treat IR injury in STZ induced type-I diabetes mellitus by inhibiting apoptosis pathways. Animal model of IR was induced by cerebral artery occlusion in STZ induced type -1 diabetes mellitus (T1DM). The neuroprotective actions of potassium channel openers cromakalim, nicorandil and cinnarizine were determined to find out the mechanism of action in diabetic rats.

#### 2. Materials and method

#### 2.1. Drugs and chemicals

All the drugs and chemicals for study were of laboratory grade. Except vitamin E, all other drug solutions were freshly prepared in distilled water and given intraperitoneally (i.p.) in appropriate doses as written in the experimental design section. STZ solution was dissolved in phosphate buffer and given 45 mg/kg intravenously (i.v.). Vitamin E suspension was prepared by dissolving it in 4% tween 80 and given orally. Here, cromakalim, cinnarizine and nicorandil were taken as potassium channel opener agents. Glibenclamide was taken as potassium channel blocker. Insulin, telmisartan and vitamin E were taken as antidiabetic, antihypertensive and antioxidant-antiapoptotic standard agents respectively.

#### 2.2. Animals

Adult male Wistar Albino rats weighing between 180 and 210 g were procured from the Animal House of Parul Institute of Pharmacy, Vadodara. The animal experimental protocols, including all use, care, and operative procedures, were approved by the Institutional Animal Ethics Committee (IAEC). Every effort was made to minimize the number of animals used and their suffering. Animals were maintained at  $18 \pm 2$  °C in polypropylene cages with food and water *ad libitum*. Animals were divided into sixteen groups.

#### 2.3. Experimental design

Group 1 (normal control, n = 6) animals were administered with tween 80 (4%). Group 2 (Diabetic control, n = 6) animals were administered with STZ (45 mg/kg i.v) on 1st day. On day 3, diabetic glucosuria was confirmed using Diachex urine strip. Group 3 (Diabetic Sham surgery operated, n = 6) animals were given with tween 80 (4%) for 3 days along with STZ on 1st day. Sham surgery was done on 2nd day. Group 4 (IR control, n = 12) animals received tween 80 (4%) for 3 days. IR was done on 2nd day from initiation of experiment. Group 5 (n = 12), 6 (n = 12), 7(n = 12) and 8 (n = 12) were induced with IR and treated with cromakalim (10 mg/kg i.p.) [13], cinnarizine (5 mg/kg ip) [14], nicorandil (5 mg/kg ip) [15] and vitamin E (150 mg/kg orally) [16] respectively for 3 days. Group 9 (Diabetic-IR control, n = 12) animals were administered with tween 80 (4%) for 3 days after STZ (45 mg/kg i. v.) induced diabetes. Cerebral IR was done on 2nd day. Group 10 animals (n = 12) were administered with cromakalim (10 mg/kg i). p. for 3 days) along with STZ (45 mg/kg i.v. on 1st day) along with IR injury on 2nd day. Similarly group 11 (n = 12), 12 (n = 12), 13 (n = 12), 14 (n = 12), 15 (n = 12), and 16 (n = 12), were treated with cinnarizine (5 mg/kg ip), nicorandil (5 mg/kg ip), glibenclamide (5 mg/kg i.p), [17] insulin (5 IU/day) [18], telmisartan (10 mg/kg i.p) [19] and vitamin E (150 mg/kg orally for 3 days) respectively.

#### 2.4. Induction of cerebral ischemia-reperfusion injury

Cerebral IR was induced as per transient middle cerebral artery occlusion (tMCAO) method of Wang et al. [13]. Rats were anesthetized with an i.p. injection of 100 mg/kg ketamine. A 2-3 cm incision was made in the middle of the neck line, separating the left carotid artery, the superior thyroid artery, and the occipital artery, as well as the internal and external carotid communicating arteries. The occipital artery branches of external carotid artery (ECA) were isolated and tied with a cotton thread. Cotton thread was tied loosely around the ECA stump near the bifurcation. Then internal carotid artery (ICA) and common carotid artery (CCA) were temporarily occluded by a fine vessel clip. Through a small incision to the ECA stump, blunt Poly-L-lysine coated 4-0 monofilament was inserted from the left external carotid artery into the left internal carotid artery to a depth of 18.0 mm, vessel clip from ICA removed. After a variable length of suture had been inserted into the ECA stump, resistance was felt and slight curving of suture was observed, indicating that the suture had passed the middle cerebral artery (MCA) origin and reached to proximal segment of anterior cerebral artery (ACA-it has small diameter). Hence the suture had blocked all sources of blood from ICA, ACA and posterior cerebral artery. Finally the vessel clip from CCA was removed to restore the blood flow. The midline incision was closed, leaving the suture protruding so it could be withdrawn to allow reperfusion. The thread was maintained for 2 h and subsequently removed to restore blood flow to the common carotid and internal carotid arteries. Here 18 mm of suture was pulled back until resistance was felt, indicating that the tip cleared the ACA-ICA lumen and was in the ECA stump, then trimmed. The animals were transferred to a fresh cage with free access to food and water.

#### 2.5. Tissue homogenate preparation

Brain samples were washed with isotonic saline and homogenized using ice-cold 10% w/v 0.1 M phosphate buffer of pH 7.4. Supernatant was obtained by centrifuging the homogenate at 12000 rpm (20 min). This supernatant was used to estimate caspase-3 [20].

#### 2.6. Tissue total protein level

It was estimated as per the method of Lowry et al. [21] using bovine serum albumin, alkaline copper reagent Solution A (2% sodium carbonate in 0.1 N NaOH solution in distilled water), solution B (0.5% copper sulfate in 1.0% sodium potassium tartarate) and Folin's phenol reagent.

#### 2.7. Plasma glucose levels

Glucometer (One Touch Ultra 2, Lifescan Inc, USA) was used to estimate glucose levels.

#### 2.8. Neurobehavioral score

Neurobehavioral score was obtained for the group after 24 h of IR injury [22]. This score was monitored for group 4 to 16. Score 0: no behavioral deficit; score 1: forelimb flexion and positive tail suspension test; Score 2: Reduced hold of the forelimb when tail pulled; Score 3: Spontaneous circling or contralateral circling movement when tail pulled; Score 4: Spontaneous circling; Score 5: Death.

#### 2.9. Cerebral infarct volume

Coronal brain sections (2 mm thickness) were made from the forebrain region and immersed with 2% 2, 3, 5 triphenyltetrazolium chloride solution at 37 °C for 30 min. These slices were kept into 10% paraformaldehyde solution for fixing purpose. Total infarct volume was calculated by summing up the unstained infarct areas in each section and multiplying it by slice thickness of 2 mm [23].

#### 2.10. Caspase-3 activity assay

Caspase 3 levels of brain tissue homogenate were measured by the use of an ELISA-based assay kit, produced by Shanghai Crystal day Biotech Co., Ltd., China.

#### 2.11. Blood pressure

It was measured by the invasive method before sacrificing the animals [24].

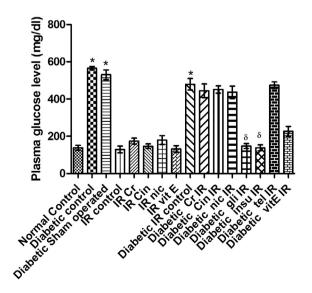
#### 2.12. Statistical methods

All the data were expressed as mean  $\pm$  SEM and evaluated using a one-way ANOVA and Tukey's post hoc test to identify two group differences at p < 0.05.

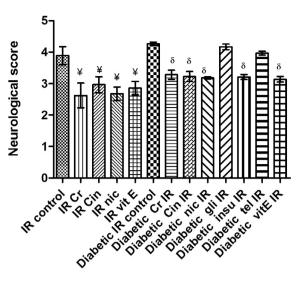
#### 3. Results

#### 3.1. Plasma glucose levels

STZ (45 mg/kg i.v.) significantly increase plasma glucose levels in diabetic animals (565.33  $\pm$  9.61), diabetic sham operated (530.16  $\pm$  25.83) and diabetic IR animals (479.16  $\pm$  31.56) animals in comparison with normal animals (138.5  $\pm$  13.3). Treatment with glibenclamide and insulin significantly decreases blood glucose levels to 147  $\pm$  13.61, 137.66  $\pm$  16.27 respectively in comparison with diabetic IR animals (Fig. 1).



**Fig. 1.** Effect of cromakalim, cinnarizine, nicorandil and vitamin E on plasma glucose levels. Data presented as mean ± SEM, asteriks (\*) indicate significant difference from the normal control and ( $\delta$ ) indicate significant difference from diabetic IR control rats at *p* < 0.05.



**Fig. 2.** Effect of cromakalim, cinnarizine, nicorandil and vitamin E on neurological score. Data presented as mean ± SEM, asteriks (¥) indicate significant difference from the IR control rats, ( $\delta$ ) indicate significant difference from diabetic IR control rats at p < 0.05.

#### 3.2. Neurobehavioral score

Treatment of cromakalim, cinnarizine, nicorandil and vitamin E significantly reduced brain neurobehavioral score  $(2.62 \pm 0.39, 2.96 \pm 0.25, 2.88 \pm 0.21, 2.86 \pm 0.21$  respectively) when compared with IR animals  $(3.89 \pm 0.28)$ . Treatment with cromakalim, cinnarizine, nicorandil, insulin and vitamin E significantly reduced neurobehavioral score to  $3.14 \pm 0.14$ ,  $3.22 \pm 0.15$ ,  $3.18 \pm 0.05$ ,  $3.22 \pm 0.07$  and  $3.56 \pm 0.208$  when compared with diabetic IR  $(4.26 \pm 0.25)$  animals (Fig. 2).

#### 3.3. Cerebral infarct volume

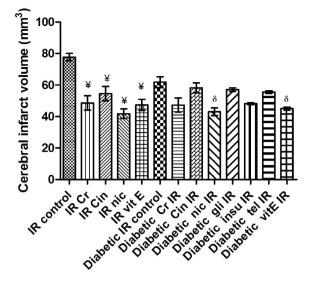
Treatment of cromakalim, cinnarizine, nicorandil and vitamin E significantly reduced cerebral infarct volume ( $48.66 \pm 4.58$ ,  $54.55 \pm 4.49$ ,  $41.83 \pm 3.02$ ,  $47.41 \pm 3.45$  respectively) when compared with IR control animals ( $81.45 \pm 2.40$ ). Treatment with nicorandil and vitamin E significantly reduced cerebral infarct volume to  $43.02 \pm 2.49$ ,  $45 \pm 0.95$  when compared with diabetic IR ( $61.80 \pm 3.38$ ) animals (Fig. 3).

#### 3.4. Caspase-3 levels

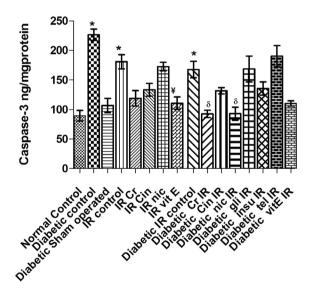
Caspase-3 levels were significantly high in diabetic animals (226.57  $\pm$  65.29), diabetic sham operated (106.94  $\pm$  31.90) and diabetic IR (167.67  $\pm$  49.15) animals when compared with normal animals (89.67  $\pm$  26.35). Treatment of cromakalim, cinnarizine, nicorandil and vitamin E significantly reduced brain caspase-3 levels 110.83  $\pm$  32.60 when compared with IR animals (180.84  $\pm$  52.44). Treatment with cromakalim and nicorandil significantly reduced caspase-3 levels to 92.64  $\pm$  26.66 and 92.99  $\pm$  27.74 when compared with diabetic IR (167.67  $\pm$  49.15) animals (Fig. 4).

#### 3.5. Blood pressure

For the results of blood pressure, there was no significance among various groups (Fig. 5).



**Fig. 3.** Effect of cromakalim, cinnarizine, nicorandil and vitamin E on cerebral infarct volume. Data presented as mean ± SEM, asteriks (¥) indicate significant difference from the IR control rats, ( $\delta$ ) indicate significant difference from diabetic IR control rats at *p* < 0.05.

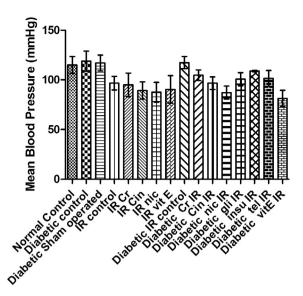


**Fig. 4.** Effect of cromakalim, cinnarizine, nicorandil and vitamin E on caspase-3 levels. Data presented as mean ± SEM, asteriks (\*) indicate significant difference from the normal control rats, (¥) indicate significant difference from diabetic IR control rats and ( $\delta$ ) indicate significant difference from diabetic IR control rats at p < 0.05.

#### 4. Discussion

In the present study we have investigated the effect of potassium channel openers against IR model of brain injury along with STZ induced diabetes. Resulted symptoms resemble that observed in clinical status. We demonstrated that KCOs improve functional outcome by significantly reducing cerebral infarct volume and caspase enzyme levels. Inhibition of apoptosis may contribute to KCOS induced neuroprotective effect after ischemic stroke of T1DR.

Numerous studies reported high prevalence of stroke associated with diabetes [24]. Experimental studies on rats were done to rule out correlation between ischemic brain stroke and diabetes. Evidence showed that high blood sugar by STZ decreases blood flow to the brain by 37% and it is associated with raised cerebral infract diameter in the penumbral brain region. Oxidative stress, apopto-



**Fig. 5.** Effect of cromakalim, cinnarizine, nicorandil and vitamin E on mean blood pressure. Data presented as mean ± SEM and indicate non-significant difference among various groups.

sis and inflammatory changes are thought to be cellular mechanisms for neuronal injury with diabetes [25,26]. STZ diabetic animals with stroke have significantly raised apoptosis when compared to non-diabetic stroke animals [27]. In present study, we had used three KCOs namely cromakalim, nicorandil and cinnarizine. All three agents produced significant neuroprotection in terms of neurobehavioral score in comparison with IR animals and diabetic IR control animals. These effects are consistent with vitamin E and insulin. Further, all three KCOs and vitamin E showed a significant reduction in cerebral infarct volume when compared with IR control animals. However, only nicorandil and vitamin E significantly reduce infarct volume when compared with diabetic IR animals.

Apoptosis is a programed cell death that occurs in chronic neurodegenerative disorders such as stroke, Alzheimer's and Parkinson's diseases. It comprises two pathways intrinsic and extrinsic. Both pathways involve events with a series of caspase enzymes [28,29]. Apoptosis of neuronal cells is an important factor to neurological deficiencies with diabetes. Ischemic stroke exaggerates these neuronal deficiencies. Caspase-3 is one of the most abundant caspases among other members in the rat brain [30]. Recent animal experimental evidence indicates involvement of apoptosis in neurodegeneration after ischemic brain injury. Intracerebroventricular injection of caspases peptide inhibitor reduced caspase end products, cerebral IL-1β levels, reduced tissue damage and significantly improved behavioral deficits in ischemic mouse brain. Furthermore the same pathways and mechanisms are involved in pancreatic ß cell destructions that lead to diabetes mellitus and high blood sugar level is associated with pathogenesis of stroke [31,32]. Intracerebral injection of a caspase-3 inhibitor protected against  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazole propionate mediated excitotoxicity and brain damage. Caspase inhibitors provide neuroprotection to ischemic animals [33]. After hypoxia and ischemia neurons apoptosis mediated via caspase-3 [34].

Studies have shown that caspase-3 mediated apoptosis pathways are activated during acute cerebral ischemia and play a crucial role in ischemic nerve injury at cellular and molecular levels [35,36]. Influx of K<sup>+</sup> current and hyperpolarization of cell prevent apoptosis and blocking of K<sup>+</sup> ion channels was suggested to induce apoptosis [37]. Data of our study revealed that caspase-3 levels were significantly high in diabetic IR animals. Cromakalim and nicorandil significantly reduced its levels. Therefore, a reduction in caspase-3 by nicorandil and cromakalim treatment may produce hyperpolarization of cells, attenuate apoptosis and reducing infarct volume after stroke in diabetic animals. These data are comparable with standard ant-oxidant and anti-apoptotic vitamin E treated animals. Vitamin E produced anti-apoptotic and neuroprotective effects by inhibiting caspase-3 enzyme against hypoxia and reperfusion injury to rats [38].

It is known that potassium channel openers produce vasodilation and reduce blood pressure [39]. High blood pressure is one of the causes of hemorrhagic brain stroke [1]. Hence to rule out involvement of such a mechanism of action by KCOs, we had treated animals with antihypertensive telmisartan and more over the blood pressure of each group of animal was noted down. However, telmisartan treated animals didn't show any neuroprotective action and blood pressure of each group of animals remains unaffected. Secondly we had treated animals with two anti-diabetic drugs namely ATP sensitive potassium channel blocker glibenclamide and insulin. Except lowering of blood sugar level, glibenclamide didn't show any significant neuroprotective activity. Insulin treated animals showed a significant lowering of neurobehavioral score in diabetic IR animals. This insulin (antidiabetic standard) mediated action is supported by previous findings that insulin showed neuroprotective action by reducing cerebral infarct volume and apoptosis in diabetic rats with MCAO (middle cerebral artery occlusion) [40]. Thus neuroprotective action by KCOs is independent of blood pressure and glucose lowering activity. It may be due to opening of potassium ion channels and prevention of apoptosis through inhibition of caspase enzyme.

In this study, we for the first time demonstrated cromakalim and nicorandil treatment promotes neuroprotection after stroke in type-I diabetic rats. However, mechanisms by which KCOs produce neuroprotective effects need further study and investigation.

#### 5. Conclusions

We found that cromakalim and nicorandil treatment promotes functional outcome after ischemic stroke in type-I diabetic rats. Anti-apoptotic effects may contribute to neuroprotective effects by KCOs after ischemic stroke in type-I diabetic rats.

#### **Conflict of interest**

We declare that we have no conflict of interest.

#### Acknowledgement

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# Neuroprotective effect of potassium channel openers against hydrogen peroxide $(H_2O_2)$ induced neuronal stress: *IN-VITRO* study

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## ABSTRACT

Aim: This study was design to assess and establish *in-vitro* neuroprotective role of potassium channel openers (KCOs) against hydrogen peroxide  $(H_2O_2)$  induced neuronal stress. Material and methods: Cell viability assay was done using MTT (3-(4, 5 dimethyl thiazole-2-yl)-2, 5-diphenyl tetrazolium bromide) method to determine IC<sub>50</sub> value of  $H_2O_2$ . Based on 50 % Inhibitory Concentration (IC<sub>50</sub>) results of  $H_2O_2$ , neuroprotective effect of KCOs cromakalim, nicorandil , cinnarizine, and standard vitamin E was determined using U87 cells (human primary glioblastoma cell line). Results: Cromakalim, nicorandil and vitamin E significantly produce neuroprotective effects against  $H_2O_2$  induced neuronal damage while cinnarizine did not produce significant activity. Conclusion: Results of our study demonstrated the neuroprotective role of potassium channel openers against  $H_2O_2$  induced oxidative damage to neuronal cells.

KEY WORDS: Potassium Channel Openers; In-vitro; Neuroprotection

## **1. INTRODUCTION**

Potassium channels have been identified by molecular cloning and genetic expression techniques in CNS and they are novel targets for CNS disorders such as Alzheimer's disease, Parkinson's disease, Huntington's disease and stroke. These channels play important role in neuronal physiology of CNS. Their main role is to maintain membrane potential and neuronal excitability <sup>[1]</sup>. KCOs have been reported to possess anti-apoptotic and antioxidant activity through activating K<sup>+</sup> channels <sup>[2]</sup>. It has been reported that there is 20 % decrease in  $H_2O_2$  production in isolated brain mitochondria by KCOs and this effect is abolished by their blockers. Similar cell protective effects were obtained also for neuronal and nephron cells. These cells were exposed to toxic insult of glutamate and  $H_2O_2$  <sup>[3,4]</sup>. Potassium channels are present in plasma membrane as well as in inner mitochondrial membrane of cells. Hence both sites are targeted by KCOs.

Brain is highly susceptible to oxidative damage due to continuous

\*Corresponding author Panchal SS, Department of Pharmacology, Institute of Pharmacy, Nirma University, Sarkhej-Gandhinagar Highway, Chandlodia, Gota, Ahmedabad-382481 Gujarat, India. high amount of oxygen consumption. Numerous experimental studies have demonstrated that oxidative stress cause alterations in structure and function of neuronal cells including astrocytes and glial cells <sup>[5]</sup>. In present study, glial cells were selected as model of neuronal damage **by oxidativetoxicant**  $H_2O_2$  which has other potential consequences. Glial cells not only provide nutrients and growth factors for neurons but actively participate in immune reaction and mechanisms. Glial cells also contains other antioxidant enzymes such as superoxide dismutase, glutathione peroxidase which are require for metabolism of xenobiotics and hence they protect brain from oxidative damage <sup>[6]</sup>.

The aim of our study was to evaluate the ability of KCOs to protect culture of human primary glioblastoma cells against  $H_2O_2$  induced oxidative cellular damage through *in-vitro* experiments. We investigated the role and mechanism of action of KCOs in neuroprotection against oxidative stress.

## 2. MATERIALSAND METHODS

Fetal bovine serum (FBS), Phosphate buffered saline (PBS), Dulbecco's Modified Eagle's Medium (Ham's F12) and trypsin were obtained from Sigma Aldrich Co, St Louis, USA. EDTA (Ethylenediaminetetraacetic acid), glucose and antibiotics were

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obtained from Hi-Media Laboratories Ltd., Mumbai. Dimethyl sulfoxide (DMSO), propanol and MTT were procured from E. Merck Ltd., Mumbai, India.

## 2.1 Cell lines and culture medium

U87 (human primary glioblastoma cell line) cell line was procured from National Centre for Cell Sciences, Pune, India. Stock cells was cultured in Ham's F12 supplemented with 10% inactivated FBS, penicillin (100 IU/ml), streptomycin (100  $\mu$ g/ml) and amphotericin B (5  $\mu$ g/ml) in an humidified atmosphere of 5% CO<sub>2</sub> at 37°C until confluent. The cells were dissociated with cell scrapper. The stock cultures were grown in 25 cm<sup>2</sup> culture flasks and all experiments was carried out in 96 microtitre plates (Tarsons India Pvt. Ltd., Kolkata, India).

## 2.2 Preparation of Test Solutions

For studies, each test drug and  $H_2O_2$  was weighed and mixed to obtain the desired concentration using DMSO. Volume was made up with Ham's F12 supplemented with 2% inactivated FBS to obtain a stock solution of 1 mg/ml concentration and sterilized by filtration. Serial two fold dilutions were prepared from this for carrying out studies. In Experiment 1, cells were incubated with different concentrations of  $H_2O_2$  (2, 5, 50, 100, and 200 nM) for 24 h, and MTT assay was performed to detect IC<sub>50</sub> value of  $H_2O_2$ . In Experiment 2, cells were pretreated with different concentrations of each KCOs and vitamin E (2, 5, 10, 20, and 40 µg) for 4 h and then incubated with  $H_2O_2$ (effective dose) for 24 h. MTT assay was done to evaluate neuroprotective effect of all agents.

## 2.3 Determination of cell viability by MTT Assay

The ability of the cells to survive in a toxic insult has been the basis of most cytotoxicity assays. This assay is based on the assumption that dead cells or their products do not reduce tetrazolium. The assay depends both on the number of cells present and on the mitochondrial activity per cell. The principle involved is the cleavage of MTT into a blue colored product formazan by mitochondrial enzyme succinate dehydrogenase. The number of cells was found to be proportional to the extent of formazan production by the cells used. The monolayer cell culture was trypsinized and the cell count was adjusted to 1.0 x 105 cells/ml using Ham's F12 medium containing 10% FBS. To each well of the 96 well microtitre plate, 0.1 ml of the diluted cell suspension (approximately 10,000 cells) was added. After 24 h, when a partial monolayer was formed, the supernatant was flicked off, and monolayer was washed with medium and 100 µl of different concentrations of H<sub>2</sub>O<sub>2</sub> were added on to the partial monolayer in micro titer plates. The plates were then incubated at

 $37^{\circ}$  C for 24 hours in 5% CO<sub>2</sub> atmosphere. After 24 hours, the solutions in the wells were discarded and 50 µl of MTT in PBS was added to each well. The plates were gently shaken and incubated for 3 h at 37° C in 5% CO<sub>2</sub> atmosphere. The supernatant was removed, 100 µl of propanol was added and the plates were gently shaken to solubilize the formed formazan. The absorbance was measured using a microplate reader at a wavelength of 540 nm. Inhibitory concentration (IC<sub>50</sub>) values were calculated and that dose (effective dose) of H<sub>2</sub>O<sub>2</sub> was considered for the determination of neuroprotective effect of KCOs and vitamin E<sup>[7]</sup>.

## 2.4 Determination of Neuroprotective activity

The experiment was performed as per the standard protocol. Briefly, exponentially growing U87 cells was trypsinized from the culture flask and  $1.5 \times 10^5$  cells/ml were seeded in 96 microtitre plate. After attaining confluency, culture mediums from the wells were discarded and cells were pre-incubated with different concentrations of test samples and standard vitamin E (2, 5, 10, 20, and 40 µg) for 4 h in culture medium and then incubated with H<sub>2</sub>O<sub>2</sub> (effective dose) for 24 h at 37°C with atmosphere of 5% CO<sub>2</sub> except control wells. After incubation MTT assay was performed to determine the cell viability. From the absorbance values of test and control groups, percentage cell viability offered by test samples against H<sub>2</sub>O<sub>2</sub> induced toxicity was calculated with following formulae.

## % cell viability= $(A_s - A_b/A_c - A_b) \times 100$

Where

 $A_s$  = Absorbance of sample (Samples with all reagents and cells)

 $A_{b}$  = Absorbance of blank well

 $A_{c}$  = Absorbance of control (All the reagents with cells except sample)

## **3. STATISTICAL ANALYSIS**

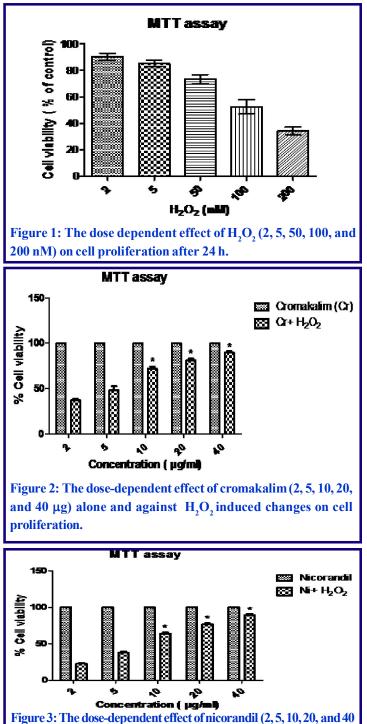
Data were expressed as mean  $\pm$  standard error of mean (SEM). Statistical analysis was analyzed by one way ANOVA followed by Tukey's test for multiple comparisons using GraphPad Prism 5 software. P < 0.05 was considered to be statistically significant.

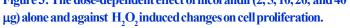
## 4. RESULTS AND DISCUSSION

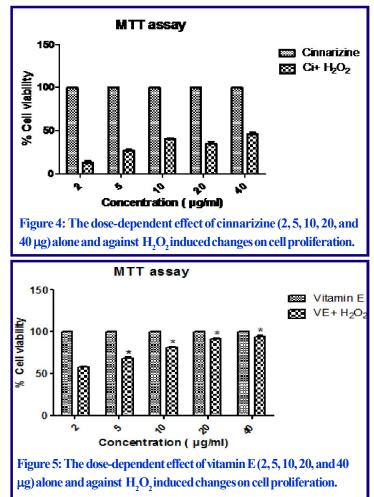
The dose dependent effect of  $H_2O_2$  (2, 5, 50, 100, and 200 nM) on cell proliferation after 24 h. Values are presented as mean ± SEM of three experiments in each group. 50% inhibition concentration value (IC<sub>50</sub>) was found to be 100 nM (Figure 1). Figure 2 to 5 showed dosedependent effect of cromakalim, nicorandil, cinnarizine and vitamin E (2, 5, 10, 20, and 40 µg) alone and against  $H_2O_2$  -induced changes on cell proliferation. Values are presented as mean ± SEM of three experiments in each group. Treatment with alone KCOs and vitamin

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E (2, 5, 10, 20, and 40  $\mu$ g) did not affect cell proliferation. However their pretreatment dose dependently enhanced cell proliferation against H<sub>2</sub>O<sub>2</sub> toxicity. These dose dependent protection was nonsignificant in cinnarizine treated cells, while cromakalim (10, 20, and 40  $\mu$ g), nicorandil (10, 20, and 40 5Øßg) and vitamin E (5, 10, 20, and 40  $\mu$ g) showed significant protection against H<sub>2</sub>O<sub>2</sub> toxicity when compared with non-treated cells (\*, p<0.05).







Hence we have demonstrated that KCOs protected against H<sub>2</sub>O<sub>2</sub> induced cell death in cultured neurons. This is consistent with previous findings that cromakalim, nicorandil produced neuroprotective and anti-oxidant effect in ischemic brain stroke model of rodents and prevent neuronal excitotoxicity<sup>[8]</sup>. Thus present results support the hypothesis that oxidative stress mediated neuronal damage is reversed by cromakalim and nicorandil as well as standard anti-oxidant vitamin E. It is well reported that pretreatment of tissues with KCOs produce cytoprotective effect against various insults and glipizide, a specific blocker of ATP-sensitive K+ channels increase ischemia-induced expression of various genes and this effect was blocked by same channel openers to produce neuroprotection [9, 10]. Even cromakalim prevents glutamate mediated cell death, cell viability, necrosis and oxidative injury in cultures hippocampal neuronal cells <sup>[11]</sup> and produces neuroprotective effects in diabetic ischemic rats as well as aluminium chloride treated ischemic rats <sup>[12, 13]</sup>. Hence K<sup>+</sup> channel openers seem to be potential drugs for neuronal diseases. Cinnarizine is a blocker of Ca2+ channel and used in treatment of vertigo and motion sickness. However it also opens potassium channel to elicit anti-inflammatory, anti-nociceptive, anti-oxidant and gastro- protective properties <sup>[14]</sup>. In our study, cinnarizine did not

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show any significant activity in our study.  $H_2O_2$  induced neuronal damage and it is prevented by KCOs as well as standard anti-oxidant vitamin E. During oxidative stress enormous amount of free radicals are generated. Free radicals are unstable chemical species with a single unpaired electron in an outer orbital and readily attack nucleic acids as well as other membrane molecules. In addition, free radicals set up autolytic reactions.

 $H_2O_2$  is considered as a toxic intermediate species generated during free radical induced redox reaction <sup>[15]</sup>.  $H_2O_2$  mediated reaction along with hydroxyl radical reacts with unsaturated fatty acids and generates lipid peroxyl radical which finally cause protein denaturation, DNA damage and cell death. Oxidative stress results into ATP depletion, intracellular acidosis, enhanced release of excitatory neurotransmitters and increased Ca<sup>2+</sup> intracellular and K<sup>+</sup> extracellular. KCOs allow entry of K<sup>+</sup> ion by opening ion channels and activate them to produce anti-oxidant and neuroprotective action <sup>[16, 17]</sup>.

Structurally cromakalim is the benzopyran derivative and nicorandil is the nicotinamide derivative type of potassium channel opener that showed antioxidant function against lipid peroxidation. Both of these agents have unsaturated double bond. Additionally cromkalim contains hydroxyl group in its structure. These all structural feathers provide H donating ability to stop lipid peroxidation chain reaction <sup>[18, 19]</sup>. During the antioxidant reaction, vitamin E is converted to a  $\alpha$ -tocopherol radical by the donation of labile hydrogen to a lipid peroxyl radical. Vitamin E performs a unique function by interfering free radical chain reactions via catching the free radical. The free hydroxyl group on the aromatic ring is responsible for the antioxidant properties <sup>[20]</sup>.

Recently it is reported that antioxidants delay the development of neurodegenerative diseases in various animal models <sup>[21]</sup>. Thus, our results for neuroprotection by KCOs against  $H_2O_2$  induced cytotoxicity is also consistent with several previously reported neuroprotective activities of KCOs in both *in-vivo* and *in-vitro* models. Based on the present findings, it may be suggested that potassium channel openers may provide neuroprotective effect to rescue the neuronal cells against  $H_2O_2$  induced neuronal damage by suppression of oxidative stress response.

## **4. CONCLUSION**

In view of our results, we hypothesize that KCOs are able to reverse the effect of  $H_2O_2$  induced neuronal damage. However detailed cellular studies and clinical studies are required to establish the mechanisms underlying the beneficial effects of KCOs and to explore their pharmacotherapeutic role in the treatment of neurodegenerative diseases.

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# Neuroprotective Effects of Cromakalim on Cerebral Ischemia-Reperfusion (IR) Injury In Streptozotocin (STZ) Induced Type-I Diabetic Rats

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## ABSTRACT

**Objective:** To evaluate neuroprotective effects of cromakalim in diabetic rats. **Methods:** Wistar rats were randomly assigned to 6 groups (n = 36): Normal control, diabetic (STZ) control, diabetic Sham operated, ischemia reperfusion (IR) control, IR-diabetic control and IR-diabetic with cromakalim. Cromakalim 10 mg/kg intraperitonially (i.p.) was administered daily for 28 days in middle cerebral artery occluded rats treated with STZ. At 24 hours post-surgery, neurological score, brain hemisphere weight difference, lipid peroxidation, Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity and super oxide dismutase level were measured. **Results:** Following cerebral ischemia-reperfusion injury along with STZ, neurological score, brain hemisphere weight difference, malondialdehyde (MDA) levels were significantly high while Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity and super oxide dismutase(SOD) levels were significantly lower in diseased animals (P < 0.05). Treatment with cromakalim significantly reduced neurological score, brain hemisphere weight difference, malondialdehyde levels while raised Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity and super oxide dismutase levels (P < 0.05). **Conclusion:** Hence of results our study demonstrated the neuroprotective potential of cromakalim in cerebral IR injury in type I diabetic rats.

KEY WORDS cerebral ischemia-reperfusion. cromakalim. STZ. Type I diabetes. oxidative stress.

## **1.INTRODUCTION**

Many studies have reported worsening of cerebral ischemia condition in diabetes and diabetes is considered as modifiable risk factor for brain stroke. Preclinical studies have demonstrated that potassium channel modulators show a neuroprotective effect on cerebral ischemia-reperfusion (IR) injury in experimental rats. However, their exact mechanism of action in brain stroke associated with diabetes remains poorly understood. Hence present study was done to investigate the prophylactic use of the cromakalim on neurological function in rats with cerebral IR injury and STZ induced type-I diabetes. A stroke is an interruption of blood supply to a particular part of the brain. It can be either ischemic stroke(IS) due blockage of blood vessel within the brain and that constitute about 83% of strokes or haemorrhagic stroke due to rupturing of blood vessel and, causing blood to leak into the brain. It is documented that diabetes mellitus increases the risk of stroke by 2 to 3 times by increasing susceptibility to atherosclerosis and proatherogenic risk factors such as hypertension and abnormal blood lipids<sup>1</sup>.Northern Manhattan

\*Corresponding author. AB Pithadia Department of Pharmacology, Parul Institute of Pharmacy, Vadodara-391760, Gujarat, India study showed 2.7 fold increased risk of stroke with high fasting glucose. Control of blood sugar has been shown to reduce microvascular complications such as nephropathy, retinopathy and macrovascular complications such as stroke  $^2$ .

Hence diabetes is considered as a high risk factor for brain stroke. Current treatment of brain stroke includes tissue plasminogen activators, antiplatelet agents and anticoagulants for their antithrombotic effects. Free radical scavengers, minocycline and growth factors have shown neuroprotective effects in the treatment of stroke, while antihypertensive drugs, lipid-lowering drugs and oral antidiabetic drugs have shown beneficial effects for the prevention of stroke <sup>3</sup>. These agents are associated with number of side effects and hence there is a need to identify new targets and new molecules in central nervous system (CNS) that provide neuroprotection in stroke related disorders such as diabetes mellitus.

Ion channels for Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup> and Cl<sup>-</sup> are widely expressed in CNS and play a crucial role in controlling a very wide spectrum of physiological processes such as neuronal action potential. It is well reported that their dysfunction can lead to various neurological diseases. Hence new generation of CNS drugs in brain stroke are expected to result from targeting these ion channels. K<sup>+</sup> channels are

widely expressed in CNS and their beneficial role has been already established as neuroprotective. Their dysfunction alter neuronal physiological processes and results in pathophysiology of various diseases including stroke, epilepsy, pain and cognition<sup>4</sup>. Hence K<sup>+</sup> channels are considered as potential therapeutic targets in the treatment of neurological disorders.

Cromakalim, adenosine triphosphate-sensitive potassium channel ( $K_{ATP}$ ) openers provide neuroprotection against cerebral ischemiareperfusion injury by anti-inflammatory and anti-oxidant action in rats <sup>5</sup>. However its neuroprotective mechanism in stroke related disorder such as diabetes has not been studied. Hence present study hypothesized that  $K_{ATP}$  openers could treat symptoms of stroke in type-I diabetes by providing neuroprotection. Rat model of cerebral ischemia-reperfusion was established through middle cerebral artery occlusion using the suture method (5) and this was preceded by STZ to induce type-I diabetes in same animals. The effects of prophylactic use of the  $K_{ATP}$  channel opener, cromakalim, on neurological function, brain infract volume and lipid peroxidation parameters were determined to explore the mechanisms of action of cromakalim for neuroprotection in diabetes.

## 2. MATERIALSAND METHOD

## 2.1 Drugs and Chemicals

Cromakalim was gifted from Dr. Anjali Tarai, Assistant Professor, Department of Pharmacology, VSS Medical College, Cuttack, Orissa, India. Other chemicals used in experiment were of laboratory grade. Cromakalim solution was prepared freshly by dissolving it in sterile distilled water and injected i.p. with dose 10 mg/kg. STZ solution was made freshly in phosphate buffer at the beginning of each experiment and given orally at dose of 45 mg/kg i.v.

## 2.2 Animals

Healthy adult female Wistar rats (250 gm) aged 8 months were selected for the study. Animals were maintained at  $18\pm 2$  °C and kept in well ventilated animal house in polypropylene cages with free access to food and water. All studies was done with prior permission from IAEC of Parul Institute of Pharmacy (921/PO/AC/05/ CPCSEA) and Study was approved as Protocol No PIPH 21/13. Animals were divided into six groups.

Group 1 served as normal control (n=6) and were treated 4 % tween 80 as vehicle. Group 2, Diabetic control (n=6) animals and were treated with STZ at dose 45 mg/kg i.v (intravenous) injection on day 1. On day 3 Conformation of diabetes was done using Diachex strip. Group 3 served Diabetic Sham operated (n=6) and treated with 4 % tween 80 as vehicle for 28 days after STZ induced diabetes. Sham operation was performed after 3 weeks. Group 4 served as ischemia reperfusion (IR) control (n=6) and received 4 % tween 80 as vehicle for 28 days.

Cerebral ischemia –reperfusion was performed on  $28^{th}$  day from initiation of experiment. Group 5 served as diabetic-IR control (n=6) and animals were treated with 4 % tween 80 for 4 weeks after induction of diabetes with STZ at dose 45 mg/kg i.v. Cerebral ischemia –reperfusion was performed on  $28^{th}$  day from initiation of experiment. Group 6 treated with STZ and cromakalim (n=6) along with IR injury. These animals were treated with cromakalim daily for 28 days at dose 10 mg/kg i.p. Cerebral IR was performed on  $28^{th}$  day from initiation of experiment.

Cerebral IR was induced as per transient middle cerebral artery occlusion (tMCAO) method as per Wang et al., 2010. Rats were anesthetized with an i.p. injection of 100 mg/kg ketamine. A 2-3 cm incision was made in the middle of the neck line, separating the left carotid artery, the superior thyroid artery, and the occipital artery, as well as the internal and external carotid communicating arteries. The occipital artery branches of ECA (external carotid artery) were isolated and tied with a cotton thread. Cotton thread was tied loosely around the ECA stump near the bifurcation. Then ICA (internal carotid artery) and CCA (common carotid artery) were temporarily occluded by fine vessel clip. Through a small incision to the ECA stump, blunt Poly-Llysine coated 4-0 monofilament was inserted from the left external carotid artery into the left internal carotid artery to a depth of 18.0mm, vessel clip from ICA removed. After a variable length of suture had been inserted into ECA stump, resistance was felt and slight curving of suture was observed, indicating that suture had passed MCA (Middle cerebral artery) origin and reached to proximal segment of anterior cerebral artery (ACA-it has small diameter). Hence suture had blocked all sources of blood from ICA, ACA and posterior cerebral artery. Finally vessel clip from CCA was removed to restore blood flow. The midline incision was closed, leaving suture protruding so it could be withdrawn to allow reperfusion. The thread was maintained for 2 hours and subsequently removed to restore blood flow to the common carotid and internal carotid arteries. Here 18 mm of suture was pulled back until resistance was felt, indicating that tip cleared the ACA-ICA lumen and was in ECA stump, then trimmed. The animals were transfer to a fresh cage with free access to food and water.

## 2.3 Tissue homogenate preparation

At the end of the study, animals were sacrificed, brain were dissected out and washed with 0.9% NaCl and stored at -40 °C for further processing. Brain was homogenized in 10% (w/v) ice-cold 0.1 M PBS (pH 7.4). The lipid peroxidation (LPO) was estimated with a part of crude homogenate and the rest homogenate was centrifuged at 12,000 rpm for 20 min to obtain the supernatant (S) that was used for enzymatic estimations (6).

## 2.4 Tissue total protein level

It was measured using bovine serum albumin as standard, alkaline copper reagent Solution A (2% sodium carbonate in 0.1 N NaOH

solution in distilled water) and solution B(0.5% copper sulphate in 1.0% sodium potassium tartarate).50.0 ml of solution A was mixed with 1.0ml of solution B just before use. Folin's phenol reagent was obtained commercially. One volume of Folin's phenol reagent was diluted with 1 volume of distilled water just before use. 20.00 mg standard BSA was dissolved in 100 ml distilled water. Few drops of NaOH were added to aid complete dissolution of BSA(Bovine serum albumin) and to avoid frothing. 10ml of the stock was diluted to 100ml to get a working standard (200 µg/ml). Procedure 0.1ml crude homogenate was used for protein extraction. The protein was extracted by mixing with 5% cold trichloroacetic acid and centrifuged. The pellet was solubilized with 0.5 N sodium hydroxide and stored over-night at room temperature. After neutralization with 0.5 N HCl, 0.2 ml of diluted solution and different concentrations of standard were taken. The volume was made up to 1.0 ml with distilled water. Blank contained 1.0 ml distilled water. To all the tubes 5.0 ml alkaline copper reagent was added and left at room temperature for 10 Min. 0.5 ml of folin's phenol reagent was added and the blue colour developed was read after 20 minutes at 660nm against reagent blank in a spectrophotometer. Protein concentration is expressed as mg/gm of wet brain tissue <sup>7</sup>.

## 2.5 Blood glucose level

Serum samples were analyzed for glucose levels using glucometer (One Touch Ultra 2, Lifescan Inc, USA).

## 2.6 Malondialdehyde (MDA)

It is a marker of lipid peroxidation. 1 ml of homogenate was incubated at 37 °C for 10 min. 1 ml of 10% trichloroacetic acid (TCA) chilled (w/ v) was added to it and centrifuged at 2500 rpm for 15 min at room temperature. 1 ml of 0.67% TBA was added to 1 ml of supernatant and kept in a boiling water bath for 10–15 min. The tubes were cooled under tap water. After cooling 1 ml of distilled water was added to it and absorbance was taken at 530 nm. The results were expressed as micromoles/mg of protein<sup>8</sup>.

## 2.7 Superoxide dismutase (SOD)

An aliquot of 0.25 ml ice-cold chloroform was added to 0.1 ml of supernatant followed by addition of 0.15 ml ice-cold ethanol. The mixture was centrifuged at 3000 rpm for 10 min at 4 °C. 0.2 ml the supernatant was taken and 1.3 ml buffer, 0.5 ml EDTA, and 0.8 ml water were added. Reaction was started by adding 0.2 ml epinephrine. Change in absorbance  $\Delta$ OD (optical density)/min at 480 nm was read for 3 min. The results were expressed in terms of munits/mg protein. One unit of enzyme activity is defined as the concentration required for the inhibition of the chromogen production by 50 % in one minute under the defined assay conditions<sup>9</sup>.

## 2.8 Na<sup>+</sup>/K<sup>+</sup>ATPase pump activity

The incubation mixture containing 0.1 ml of each i.e tris HCL, 50 mM

magnesim sulphate, 650 mM NaCl, 50 mM KCl, 1mM EDTA, 40 mM ATP and brain homogenate. Mixture was incubated at 36 °C for 15 minute. The reaction was arrested by addition of 1ml 10 % TCA and resultant mixture was centrifuged for 5 min. 0.5 ml supernatant was taken, 2.5 ml ,0.5 ml of 2.5 % ammonium molybdate and 0.25 ml ANSA (1-amino 2-napthol 4-sulphonic acid)was added. The mixture was incubated at 37 °C for 10 minutes. The intensity of blue color developed against blank at 620 nm. Results were expressed as nmoles of inorganic phosphorus liberated/min/mg protein. Standard calibration curve was prepared using potassium dihydrogen phosphate (2-15  $\mu$ g/ml)<sup>10</sup>.

## 2.9 Brain hemisphere weight difference

The MCA occluded animals were anaesthetised with high dose of pentobarbitone. The skull was opened and whole brain was removed immediately, rinsed with ice cold distilled water followed by 20 % sucrose and dried using bloating paper. The ipsilateral and contralateral parts of brain are isolated and weighed on digital balance. Weight difference was calculated between ipsilateral and contralateral brain region of each animal<sup>11</sup>.

## 2.10 Neurobehavioral function scores

Neurological score was observed after 24 hrs of IR <sup>12</sup>. This score was observed for group 4, 5 and 6.

Score 0: No apparent deficit

Score 1: Contralateral forelimb flexion when suspended by tail Score 2: Decreased grip of the contralateral forelimb while tail pulled Score 3: Spontaneous movement in all direction or contralateral circling only if pulled by tail.

Score 4: Spontaneous contralateral circling

Score 5: Death after recovery from anaesthesia.

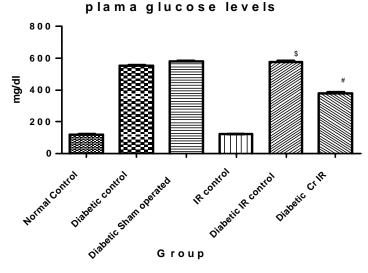
## 3. STATISTICAL METHODS

Data are expressed as mean values  $\pm$  S.E.M and analyzed using oneway ANOVA followed by Post-hoc Tukey's tests to identify two group differences using Prism software at 5% significance level.

## 4. RESULTS

## 4.1 Blood glucose levels

STZ at dose of 45 mg/kg i.v. significantly raise blood glucose level in diabetic control animals when compared with normal animals ( $120.6 \pm 0.71$ ). An elevated blood glucose level is responsible for higher ischemic injury in diabetic IR animals. Effect of drug on plasma glucose level was measured. Treatment with cromakalim with dose of 10 mg/kg i.p. significantly decreases in blood glucose level ( $378.67 \pm 7.92$ ) when compared with diabetic IR group ( $575.5 \pm 8.6$ ) as well as diabetic control group ( $553.3 \pm 4.28$ ) (Figure 1).

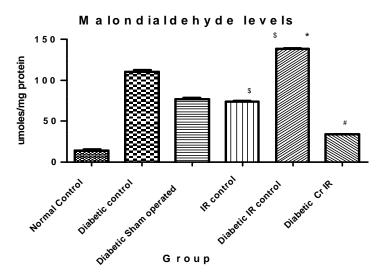


\$ Significant different than normal control (p>0.05) # Significant different than diabetic IR control (p>0.05)

## Figure 1. Plasma glucose levels

#### 4.2 Brain MDA levels (n=6)

Administration STZ significantly raised MDA level in IR control animals (74.06  $\pm$  1.69) and STZ induced diabetic IR animals (137.88  $\pm$ 1.46) when compared with normal animals (14.20  $\pm$  1.86) and when compared between IR control animals and STZ induced diabetic IR animals. Treatment of cromakalim significantly reduced brain MDA level (34.02  $\pm$  0.36) when compared with STZ induced diabetic IR animals (Figure 2).



\$ Significant different than normal control (p>0.05) \* Significant different than IR control group (p>0.05

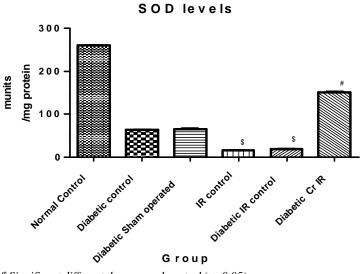
# Significant different than diabetic IR control (p>0.05)

## Figure 2: Brain malondialdehyde (MDA) levels

## 4.3. Brain SOD levels (n=6)

Administration STZ significantly reduced SOD level in IR control animals ( $17.01 \pm 0.27$ ) and STZ induced diabetic IR animals ( $19.83 \pm$ 

0.37) when compared with normal animals  $(259.76 \pm 0.80)$ . This is nonsignificant when compared between IR control animals and STZ induced diabetic IR animals. Treatment of cromakalim significantly raised brain SOD level  $(150.25 \pm 2.10)$  when compared with STZ induced diabetic IR animals (Figure 3).



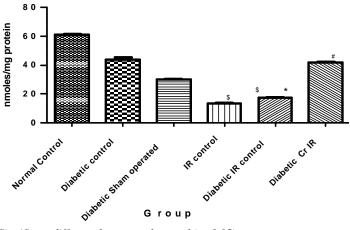
\$ Significant different than normal control (p>0.05) # Significant different than diabetic IR control (p>0.05) \* Significant different than STZ IR control (p>0.05)

## Figure 3: Brain SOD levels

#### 4.4. Na<sup>+</sup>/K<sup>+</sup> ATPase activity (nm/mg protein) (n=6)

Administration STZ significantly reduced Na<sup>+</sup>/K<sup>+</sup> ATPase activity in IR control animals (13.69 ± 0.32) and STZ induced diabetic IR animals (17.27 ± 0.52) when compared with normal animals (259.76 ± 0.80). This is significant when compared between IR control animals and STZ induced diabetic IR animals. Treatment of cromakalim significantly raised brain SOD level (41.76 ± 0.50) when compared with STZ induced diabetic IR animals (Figure 4).

Na+/k+ AT Pase activity

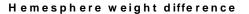


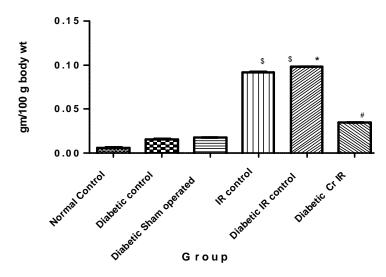
\$ Significant different than normal control (p>0.05) \* Significant different than IR control group (p>0.05 # Significant different than diabetic IR control (p>0.05)

Figure 4: Na<sup>+</sup>/K<sup>+</sup> ATPase activity (nm/mg protein)

#### **4.5 Hemisphere weight difference (n=6)**

Administration STZ significantly raised brain hemisphere weight difference in IR control animals (0.091.  $\pm$  0.0003) and STZ induced diabetic IR animals (137.88  $\pm$  1.46) when compared with normal animals (0.098  $\pm$  0.0004) and when compared between IR control animals and STZ induced diabetic IR animals. Treatment of cromakalim significantly reduced brain hemisphere weight difference (0.034  $\pm$  0.0003) when compared with STZ induced diabetic IR animals (Figure 5).





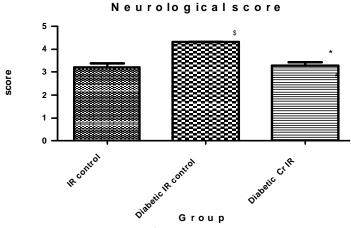
\$ Significant different than normal control (p>0.05) \* Significant different than IR control group (p>0.05 # Significant different than diabetic IR control (p>0.05)

 $\pi$  significant afferent than alabetic in control (p > 0.05)

# Figure 5: Hemisphere weight difference

## 4.6 Neurological score(n=6)

Treatment of cromakalim significantly reduced brain neurological damage  $(3.28 \pm 0.14)$  when compared with animals treated with IR along with STZ (4.31 ± 0.006) as well as IR control animals (3.20 ± 0.16) (figure 6). This is significant when compared between IR control animals and STZ induced diabetic IR animals (figure 6).



Each group contains 6 animals, \$ Significant different than IR control group (p>0.05) \* Significant different than diabetic IR control (p>0.05)

## 5. DISCUSSION

In present study we have made an attempt to evaluate efficacy of  $K_{ATP}$  channel opener cromakalim against IR type of brain stroke model in STZ treated diabetic rats. The symptoms produced by IR along with STZ resembles to a great extent with that observed in clinical status. It is well documented that diabetes significantly increased risk of stroke and mortality following stroke. The Greater Cincinnati– Northern Kentucky Stroke Study (GCNKSS) showed that the risk for ischemic stroke in white diabetic patients is higher at every agegroup compared with nondiabetic patients, with highest RR (Relative risk) of 5.3 found in the 45- to 54-year age-group. Diabetic patients are more likely to present with cerebral infarct, indicating that ischemia in diabetic patients is less likely to be reversible <sup>13</sup>. This presents a unique problem for preventing stroke in this population. Numerous studies report the higher incidence of ischemic stroke in association with diabetes. In support of such clinical findings, many

preclinical experimental studies were performed to find out correlation between diabetes and occurrence of brain stroke. It is reported that STZ induced diabetes reduced cerebral blood flows up to 37 % and increase infract size in pnumbral region of brain <sup>14</sup>. Mechanism for such injury to brain along with diabetes involves free radical generation and inflammatory changes 15. Hence to produce such clinical condition, we treated rats with STZ to induce diabetes and in same animals ischemic stroke was induced on 28th day from initiation of experiment. Our objective of study was to investigate neuroprotective effect of cromakalim (potassium channel opener) on cerebral ischemic stroke in STZ induced diabetes in rats. Cromakalim is ATP sensitive potassium channel opener and it improves neurological function and reduced infarction volume in rats<sup>6</sup>. Studies have shown that oxidative stress is high during acute cerebral ischemia and it plays a key role in ischemic nerve injury. It is well reported that during IR injury along with high blood glucose level, anti-oxidant mechanisms are compromised and hence it raise lipid peroxidation (malondialdehyde-MDA level) and reduced super oxide dismutase (SOD) levels in diseased control animals <sup>16</sup>. In present study, cromakalim significantly lowers value of MDA and increased level of SOD in diabetic-IR rats. Thus prevent lipid peroxidation and oxidative stress. This suggest anti-oxidant role of cromakalim to produce neuroprotection in diabetic animals.

Hence, chronic administration of cromakalim was found to reduce reduced oxidative damage induced by ischemia –reperfusion injury along with diabetes. Cromakalim treatment prevents neuronal damage in diabetic-IR rats. This is supported by significant lower value of neurological damage score in cromakalim treated animals when compared with IR control animals and STZ-IR animals.

In further support, cromakalim significantly raised  $Na^+/K^+$  ATPase pump activity and reduced brain hemisphere weight difference in its treated group. As it is well understood that neuronal cell damage by

Figure 6: Neurological score

ischemic injury and by STZ induced diabetes interrupt activity of Na<sup>+</sup>/K<sup>+</sup> ATPase pumps which maintain cellular water level. Due to inhibition of this pump, extracellular potassium accumulates and at the same time that sodium and water are sequestered intracellular and leading to cell swelling, its lysis and raised brain hemisphere weight difference <sup>17</sup>. Hence our report show role of cromakalim in prevention of this cell injury.

In nutshell, our results show that cromakalim significantly improves neurological functions at 24 hours post-surgery, and provide neuroprotection as observed by reduced blood glucose level, malondialdehyde level, the neurological score, brain hemisphere weight difference and by raising SOD level along with Na<sup>+</sup>/K<sup>+</sup> pump activity when compared with disease control groups. These results suggest that prophylactic use of cromakalim could improve neurological functional and protect neurons as well as stroke related disorders in a rat model of cerebral ischemia-reperfusion injury with STZ induced diabetes.

## 6. CONCLUSION

Results suggest that pre-treatment with cromakalim (10mg/kg i.p.) produce neuroprotective effect in diabetic-IR animals as indicted by reduction in plasma glucose, neurological deficit, malondialdehyde, and raised anti-oxidant enzyme defence. This protective effect might be due to free radical scavenging effect, enhancing anti-oxidant enzyme and reducing blood glucose level.

## 7. ACKNOWLEDGEMENT

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**Original Article** 

# NEUROPROTECTIVE EFFECTS OF CROMAKALIM ON CEREBRAL ISCHEMIA-REPERFUSION (IR) INJURY AND ALUMINIUM INDUCED TOXICITY IN RAT BRAIN

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## ABSTRACT

**Objective:** Preclinical studies have demonstrated that potassium channel openers show a neuroprotective effect on cerebral ischemia-reperfusion (IR) injury in rats. However, their mechanism of action and effects in brain stroke related disorders such as Alzheimer's disease (AD) remain poorly understood. Hence present study was done to investigate the prophylactic use of the adenosine triphosphate-sensitive (ATP) potassium channel opener cromakalim on neurological function in rats with cerebral IR injury and its related disorders AD.

**Methods:** Male Wistar rats were randomly assigned to 6 groups (n = 36): Normal control, aluminium chloride(AlCl<sub>3</sub>) control, AlCl<sub>3</sub> Sham operated, ischemia reperfusion (IR) control, AlCl<sub>3</sub>-IR control and AlCl<sub>3</sub>-IR with cromakalim treatment. Cromakalim10 mg/kg intra peritonially (i.p.) was administered daily for 42 days in middle cerebral artery occluded rats treated with AlCl<sub>3</sub>. At 24 hours post-surgery, neurological score, brain hemisphere weight difference, brain acetylcholinestarase level, lipid peroxidation, Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity and super oxide dismutase level were measured.

**Results:** Following cerebral ischemia-reperfusion injury along with aluminium chloride, neurological score, brain hemisphere weight difference, brain acetylcholinestarase level, malondialdehyde levels were significantly high while  $Na^+/K^+$  ATPase pump activity and super oxide dismutase(SOD) levels were significantly lower in diseased animals (P < 0.05). Treatment with cromakalim significantly reduced neurological score, brain hemisphere weight difference, brain acetyl cholinestarase level, malondialdehyde levels while raised  $Na^+/K^+$  ATPase pump activity and super oxide dismutase levels (P < 0.05).

Conclusion: Hence results of our study demonstrated the neuroprotective potential of cromakalimin cerebral IR injury and its related disorders AD.

Keywords: Cerebral ischemia-reperfusion, Cromakalim. Aluminium, Alzheimer's disease, Oxidative stress, Neuroprotection.

#### INTRODUCTION

Stroke is an interruption in the supply of blood to a particular part of the brain. There are two main causes of stroke. Either a blood vessel within the brain becomes clogged or blocked (ischemic stroke-IS, about 83% of strokes) or it ruptures, causing blood to leak into the brain (haemorrhagic stroke) [1]. It is well reported that stroke more than doubles the risk of developing dementia and AD and around one in three people who have a stroke develop dementia [2].Clinical diagnosis of ADis associated with considerably increased risk of stroke development and patients with AD had a higher risk of IS (ischemic stroke) and ICH (intracerebral hemorrhage) [3]. Further epidemiological studies show that risk factors for AD have a vascular basis and practically all drugs reported to slow the development of AD, improve or increase cerebral perfusion. Evidence that cerebral hypoperfusion appears to precede the cognitive, and degenerative pathology that is present in AD. Current treatment of brain strokeincludes tissue plasminogen activators, antiplatelet agents and anticoagulants for their antithrombotic effects. Reports showed that free radical scavengers, minocycline and growth factors have shown neuroprotective effects in the treatment of stroke, while antihypertensive drugs, lipid-lowering drugs and oral antidiabetic drugs have shown beneficial effects for the prevention of stroke [4]. However, these agents are associated with number of side effects. Therefore, there is a need to identify new targets and molecules in central nervous system (CNS) that provide neuroprotection in stroke related disorders. One of them is the ion channel for Na+, K+,  $Ca^{2+}$  and  $Cl^{-}$ . They play a crucial role in controlling a very wide spectrum of physiological processes. Their dysfunction can produce various CNS diseases. Hence new generation of therapeutic agents are expected to result from targeting this ion channels.

Further, it is well established that  $K^*$  channels are widely expressed in CNS and are gaining attention for their beneficial roles in neuroprotection. Dysfunction of potassium channel leads to change in neuronal physiological processes and results in pathophysiology of various diseases including stroke, epilepsy, pain and cognition [5].Hence K<sup>+</sup> channels are recognized as potential therapeutic targets in the treatment of CNS disorders. Adenosine triphosphate-sensitive potassium channel (KATP) openers such as cromakalim provide neuroprotection against cerebral ischemia-reperfusion injury by reducing inflammation and free radical mediated oxidative stress. Neuroprotective effects of cromakalim have been already established on cerebralischemia-reperfusion injury in rats [6].Hence present study hypothesized that KATP openers couldreduce strokeas well as stroke related disorderssuch as AD by providing neuroprotection. Rat model of cerebral ischemia-reperfusion was established through middle cerebral artery occlusion using the suture method [6] and this was preceded by AlCl<sub>3</sub> to induce cholinergic nerve damage as that of Alzheimer's disease in same animals [7]. The effects of prophylactic useof the KATP channel opener, cromakalim, on neurologicalfunction, brain acetylcholinestares level and lipid peroxidation parameters were determined to explore the mechanisms of action of cromakalimfor neuroprotection.

#### MATERIALS AND METHOD

#### **Drugs and Chemicals**

Cromakalim was gifted from Dr. Anjali Tarai, Assistant Professor, Department of Pharmacology, VSS Medical College, Cuttack, Orissa, India. Other chemicals used in experiment were of laboratory grade. Cromakalim solution was prepared freshly by dissolving it in sterile distilled water and injected i.p. with dose 10 mg/kg. AlCl<sub>3</sub> solution was made freshly in sterile distilled water at the beginning of each experiment and given orally at dose of 100 mg/kg.

## Animals

Healthy adult male Wistar rats (250 gm) aged 8 months were selected for the study. Animals were maintained at  $18\pm 2^{\circ}C$  and kept in well ventilated animal house in polypropylene cages with free

access to food and water. All studies was done with prior permission from IAEC of Parul Institute of Pharmacy (921/PO/AC/05/ CPCSEA) and Study was approved as Protocol No PIPH 21/13. Animals were divided into six groups. Group 1 served as normal control (n=6) and received distilled water. Group 2 serve as AlCl<sub>3</sub> control and received AlCl<sub>3</sub>at dose 100 mg/kg per oral for a period of 42 days (6 weeks).Group 3 served as AlCl<sub>3</sub> Sham operated (n=12) and treated with AlCl<sub>3</sub> at dose 100 mg/kg per oral for a period of 42 days (6 weeks).Sham operation was performed on 41th day. Group 4 served as ischemia reperfusion (IR) control (n=6) and received distilled water for 42 days. Cerebral ischemia -reperfusion was performed on 41th day from initiation of experiment. Group 5 served as AlCl<sub>3</sub>-IR control (n=6) and animals were treated with AlCl<sub>3</sub> at dose 100 mg/kg per oral for a period of 42 days (6 weeks). Cerebral ischemia -reperfusion was performed on 41<sup>th</sup> day from initiation of experiment. Group 6 treated withAlCl<sub>3</sub>and cromakalim (n=6) along with IR injury. These animals were treated with AlCl<sub>3</sub> at dose 100 mg/kg per oral and cromakalim at dose 10 mg/kg (i.p.) for a period of 42 days (6 weeks). Cerebral IR was performed on 41th day from initiation of experiment. Cerebral IR was induced as per MCAO (transient middle cerebral artery occlusion) method [6]. Rats were anesthetized with an i.p. injection of 100 mg/kg ketamine. A 2-3 cm incision was made in the middle of the neck line, separating the left carotid artery, the superior thyroid artery, and the occipital artery, as well as the internal and external carotid communicating arteries. The occipital artery branches of external carotid artery (ECA) were isolated and tied with a cotton thread.Cotton thread was tied loosely around the ECA stump near the bifurcation. Then internal carotid artery (ICA) and common carotid artery (CCA) were temporarily occluded by fine vessel clip.

Through a small incision to the ECA stump, blunt Poly-L-lysine coated 4-0 monofilament was inserted from the left external carotid artery into the left internal carotid artery to a depth of 18.0mm, vessel clip from ICA removed. After a variable length of suture had been inserted into ECA stump, resistance was felt and slight curving of suture was observed, indicating that suture had passed middle cerebral artery (MCA) origin and reached to proximal segment of anterior cerebral artery (ACA-it has small diameter).Hence suture had blocked all sources of blood from ICA, ACA and posterior cerebral artery. Finally vessel clip from CCA was removed to restore blood flow. The midline incision was closed, leaving suture protruding so it could be withdrawn to allow reperfusion. The thread was maintained for 2 hours and subsequently removed to restore blood flow to the common carotid and internal carotid arteries.Here 18 mm of suture was pulled back until resistance was felt, indicating that tip cleared the ACA-ICA lumen and was in ECA stump, then trimmed. The animals were transfer to a fresh cage with free access to food and water.

#### **Tissue homogenate preparation**

At the end of the study, animals were sacrificed, brain were dissected out and washed with 0.9% NaCl and stored at -40 °C for further processing. Brain was homogenized in 10% (w/v) ice-cold 0.1 M phosphate buffer solution (pH 7.4). The lipid peroxidation (LPO) was estimated with a part of crude homogenate and the rest homogenate was centrifuged at 12,000 rpm for 20 min to obtain the supernatant (S) that was used for enzymatic estimations [7].

#### Tissue total protein level

It was measured using bovine serum albumin as standard, alkaline copper reagent Solution A (2% sodium carbonate in 0.1 N NaOH solution in distilled water) and solution B(0.5% copper sulphate in 1.0% sodium potassium tartarate).50.0 ml of solution A was mixed with 1.0ml of solution B just before use. Folin's phenol reagent was obtained commercially. One volume of Folin's phenol reagent was diluted with 1 volume of distilled water just before use. 20.00 mg standard bovine serum albumin (BSA) was dissolved in 100 ml distilled water. Few drops of NaOH were added to aid complete dissolution of BSA and to avoid frothing. 10ml of the stock was diluted to 100ml to get a working standard (200  $\mu$ g/ml). Procedure 0.1ml crude homogenate was used for protein extraction. The protein was extracted by mixing with 5% cold trichloroacetic acid and centrifuged. The pellet was solubilized with 0.5 N sodium hydroxide and stored over-night at room temperature. After

neutralization with 0.5 N HCl, 0.2 ml of diluted solution and different concentrations of standard were taken. The volume was made up to 1.0 ml with distilled water. Blank contained 1.0 ml distilled water.

To all the tubes 5.0 ml alkaline copper reagent was added and left at room temperature for 10 Min. 0.5 ml of folin's phenol reagent was added and the blue colour developed was read after 20 minutes at 660nm against reagent blank in a spectrophotometer. Protein concentration is expressed as mg/gm of wet brain tissue [8].

#### Brain acetylcholinestarase level

It is a marker of the loss of cholinergic neurons in the forebrain. The assay mixture contained 0.05 ml of supernatant, 3 ml of sodium phosphate buffer (pH 8), 0.1 ml of acetylthiocholine iodide and 0.1 ml of DTNB (Ellman reagent). The change in absorbance was measured for 2 min at 30 s intervals at 412 nm. Results were expressed as micromoles of acetylthiocholine iodide hydrolyzed/min/mg of protein [9].

#### Malondialdehyde (MDA)

It is a marker of lipid peroxidation. 1 ml of homogenate was incubated at 37 °C for 10 min. 1 ml of 10% trichloroacetic acid (TCA) chilled (w/v) was added to it and centrifuged at 2500 rpm for 15 min at room temperature. 1 ml of 0.67% TBA was added to 1 ml of supernatant and kept in a boiling water bath for 10–15 min. The tubes were cooled under tap water. After cooling 1 ml of distilled water was added to it and absorbance was taken at 530 nm. The results were expressed as micromoles/mg of protein [10].

#### Superoxide dismutase (SOD)

An aliquot of 0.25 ml ice-cold chloroform was added to 0.1 ml of supernatant followed by addition of 0.15 ml ice-cold ethanol. The mixture was centrifuged at 3000 rpm for 10 min at 4 °C. 0.2 ml the supernatant was taken and 1.3 ml buffer, 0.5 ml EDTA, and 0.8 ml water were added. Reaction was started by adding 0.2 ml epinephrine. Change in absorbance  $\Delta$ OD (optical density)/min at 480 nm was read for 3 min. The results were expressed in terms of munits/mg protein.One unit of enzyme activity is defined as the concentration required for the inhibition of the chromogen production by 50 % in one minute under the defined assay conditions [11].

## Na<sup>+</sup>/ K<sup>+</sup> ATPase pump activity

The incubation mixture containing 0.1 ml of each i.e tris HCL , 50 mM magnesim sulphate , 650 mM NaCl , 50 mM KCl , 1mM EDTA , 40 mM ATP and brain homogenate . Mixture was incubated at 36 °C for 15 minute. The reaction was arrested by addition of 1ml 10 % TCA and resultant mixture was centrifuged for 5 min.0.5 ml supernatant was taken, 2.5 ml,0.5 ml of 2.5 % ammonium molybdate and 0.25 ml ANSA (1-amino 2-napthol 4-sulphonic acid)was added.The mixture was incubated at 37 °C for 10 minutes. The intensity of blue color developed against blank at 620 nm. Results were expressed as nmoles of inorganic phosphorus liberated/min/mg protein. Standard calibration curve was prepared using potassium dihydrogen phosphate (2-15 µg/ml) [12].

#### Brain hemisphere weight difference

The MCA occluded animals were anaesthetised with high dose of pentobarbitone. The skull was opened and whole brain was removed immediately, rinsed with ice cold distilled water followed by 20 % sucrose and dried using bloating paper. The ipsilateral and contralateral parts of brain are isolated and weighed on digital balance. Weight difference was calculated between ipsilateral and contralateral brain region of each animal [13].

#### Neurobehavioral function scores

Neurological score was observed after 24 hours of IR[14]. This score was observed for group 4, 5 and 6.

Score 0: No apparent deficit

Score 1: Contralateral forelimb flexion when suspended by tail

 $\ensuremath{\textit{Score}}\xspace$  2: Decreased grip of the contralateral forelimb while tail pulled

Score 3: Spontaneous movement in all direction or contralateral circling only if pulled by tail.

Score 4: Spontaneous contralateral circling

Score 5: Death after recovery from anaesthesia.

#### Statistical methods

Data are expressed as mean values  $\pm$  S.E.M and analyzed using oneway ANOVA followed by Post-hoc Tukey's tests to identify two group differences using Prism software at 5% significance level.

#### RESULTS

#### Brain acetylcholinesterase levels

Administration aluminium chloride for 42 days significantly raised cholinesterase level in AlCl<sub>3</sub> treated control animals (73.07  $\pm$  2.05) and AlCl<sub>3</sub> Sham operated animals (64.10  $\pm$  0.84) when compared with normal animals(19.49  $\pm$  0.55).Ischemia reperfusion(IR) injury along with AlCl<sub>3</sub>also significantly raised (96.86  $\pm$  1.07) cholinesterase level when compared with IR control (24.01  $\pm$  0.54).

Treatment of cromakalim significantly reduced brain actetylcholinesterase level ( $26.33 \pm 0.37$ ) when compared with AlCl3 IR control animals (table 1).

#### Brain malondialdehyde(MDA) levels(n=6)

Administration aluminium chloride for 42 days significantly raised MDA level in AlCl<sub>3</sub> treated control animals (128.92  $\pm$  3.46) and

AlCl<sub>3</sub> Sham operated animals (78.72 ± 1.46) when compared with normal animals(14.20 ± 1.86).Ischemia reperfusion(IR) injury along with AlCl<sub>3</sub> also significantly raised (121.143 ± 1.67) MDA level when compared with IR control (77.23 ± 1.94). Treatment of cromakalim significantly reduced brain MDA level (39.90 ± 0.45) when compared with AlCl<sub>3</sub> IR control animals (table 2).

## Brain SOD levels (n=6)

Administration aluminium chloride for 42 days significantly reduced SOD level in AlCl<sub>3</sub> treated control animals ( $84.54 \pm 0.83$ ) and AlCl<sub>3</sub> Sham operated animals ( $73.59 \pm 0.85$ ) when compared with normal animals ( $259.76 \pm 0.80$ ).Ischemia reperfusion(IR) injury along with AlCl<sub>3</sub> also significantly reduced ( $16.33 \pm 1.93$ ) SOD level when compared with IR control ( $22.78 \pm 0.48$ ).

Treatment of cromakalim significantly raised brain SODlevel (143.49  $\pm$  0.68) when compared with AlCl<sub>3</sub> IR control animals (table 3).

#### Na+/K+ ATPase activity (nm/mg protein) (n=6)

Administration aluminium chloride for 42 days significantly reduced Na<sup>+</sup>/K<sup>+</sup> ATPase activity level in AlCl<sub>3</sub> treated control animals (37.24  $\pm$  0.60) and AlCl<sub>3</sub> Sham operated animals (22.12  $\pm$  0.39) when compared with normal animals(61.27  $\pm$  0.47).

Ischemia reperfusion (IR) injury along with AlCl<sub>3</sub> also significantly reduced (22.95 ± 0.43) Na<sup>+</sup>/K<sup>+</sup> ATPase activity when compared with IR control (10.12 ± 0.38). Treatment of cromakalim significantly raised brain Na<sup>+</sup>/K<sup>+</sup> ATP ase activity (47.96 ± 0.29) when compared with AlCl<sub>3</sub> IR control animals (table 4).

#### Table 1: Brain cholinesterase activity µ mol of acetyl thiocholine iodide hydrolyzed/minute (min)/milligram (mg) of protein)(n=6)

Groups	Brain cholinesterase levels	
Normal Control	$19.49 \pm 0.55$	
AlCl <sub>3</sub> control	73.07 ± 2.05*	
AlCl <sub>3</sub> Sham operated	$64.10 \pm 0.84^*$	
IR control	24.01 ± 0.54*	
AlCl <sub>3</sub> IR control	96.86 ± 1.07**	
AlCl₃cromakalim IR	26.33 ± 0.37***	

\* Significant different than normal control (p0.05), \*\*Significant different than IR control group(p0.05), \*\*\* Significant different than AlCl<sub>3</sub> IR control (p<0.05)

## Table 2: Brain malondialdehyde (MDA) levels

Groups	MDA(µmoles/mg protein)	
Normal Control	$14.20 \pm 1.86$	
AlCl <sub>3</sub> control	128.92 ± 3.46*	
AlCl <sub>3</sub> Sham operated	$78.72 \pm 1.46^*$	
IR control	77.23 ± 1.94*	
AlCl <sub>3</sub> IR control	121.143 ± 1.67**	
AlCl₃cromakalim IR	39.90 ± 0.45***	

\* Significant different than normal control (p0.05), \*\*Significant different than IR control group (p0.05), \*\*\*Significant different than AlCl<sub>3</sub> IR control (p<0.05

Table 2. Prain SOD lovels

Table 3: Brain SOD levels		
Groups	SOD(munits/mg protein)	
Normal Control	259.76 ± 0.80	
AlCl <sub>3</sub> control	84.54 ± 0.83*	
AlCl <sub>3</sub> Sham operated	73.59 ± 0.85*	
IR control	$22.78 \pm 0.48^*$	
AlCl <sub>3</sub> IR control	16.33 ± 1.93**	
AlCl₃cromakalim IR	$143.49 \pm 0.68^{***}$	

\* Significant different than normal control (p0.05), \*\* Significant different than IR control group (p0.05), \*\*\* Significant different than AlCl<sub>3</sub> IR control (p<0.05)

## Hemisphere weight difference (n=6)

Administration aluminium chloride for 42 days significantly raised brain hemisphere weight difference in AlCl<sub>3</sub> treated control animals (0.016  $\pm$  0.002) and AlCl<sub>3</sub> Sham operated animals (0.022  $\pm$  0.003) when compared with normal animals(0.0062  $\pm$  0.0003).Ischemia reperfusion(IR) injury along with AlCl<sub>3</sub> also significantly increased (0.077  $\pm$  0.003) brain hemisphere weight differencewhen compared with normal control. However, this is nonsignificant when compared with IR control (0.071. $\pm$  0.003).

Treatment of cromakalim significantly reduced brain hemisphere weight difference (0.039  $\pm$  0.0038) when compared with AlCl<sub>3</sub> IR control animals (table 5).

#### Neurological score (n=6)

Treatment of cromakalim significantly reduced brain neurological damage (1.2  $\pm$  0.12) when compared with animals treated with IR along with AlCl<sub>3</sub> (4.22  $\pm$  0.15) as well as IR control animals (3.20  $\pm$  0.16) (table 5).

#### Table 4: Na<sup>+</sup>/K<sup>+</sup> ATPase activity (nm/mg protein)

Groups	(nm/mg protein)	
Normal Control	$61.27 \pm 0.47$	
AlCl <sub>3</sub> control	$37.24 \pm 0.60^*$	
AlCl <sub>3</sub> Sham operated	22.12 ± 0.39*	
IR control	$10.12 \pm 0.38^*$	
AlCl <sub>3</sub> IR control	22.95 ± 0.43**	
AlCl <sub>3</sub> cromakalim IR	47.96 ± 0.29***	

\* Significant different than normal control (p<0.05), \*\* Significant different than IR control group (p0.05), \*\*\* Significant different than AlCl<sub>3</sub> IR control (p<0.05)

**Table 5: Hemisphere weight difference** 

Groups	Gm/100 gm body weight	
Normal Control	$0.0062 \pm 0.0003$	
AlCl <sub>3</sub> control	$0.016 \pm 0.002^*$	
AlCl₃ Sham operated	$0.022 \pm 0.003^*$	
IR control	$0.071 \pm 0.003^*$	
AlCl <sub>3</sub> IR control	0.077 ± 0.003 (NS)	
AlCl₃ cromakalim IR	0.039 ± 0.0038***	

\* Significant different than normal control (p0.05), \*\*\* Significant different than AlCl<sub>3</sub> IR control (p<0.05), NS is Non-significant when compare with IR control

#### Table 6: Neurological score

Groups	Gm/100 gm body weight	
IR control	$3.20 \pm 0.16$	
AlCl <sub>3</sub> IR control	$4.22 \pm 0.15$	
AlCl₃cromakalim IR	$1.2 \pm 0.12^*$	

\* Significant different than AlCl<sub>3</sub> IR control (p<0.05)

#### DISCUSSION

In present study we have made an attempt to evaluate efficacy of KATP channel opener cromakalim against ischemic-reperfusion type of brain stroke model in AlCl3 treated rats. The symptoms produced by IR along with AlCl3 resembles to a great extent with that observed in clinical status. Research studies have demonstrated that three months after ischemic stroke, about 30-40 % of people show signs of dementia, including impairments in learning, attention as well as ability to remember. This vascular dementia mainly results from the interruption of blood supply to brain during stroke. Hence to produce such clinical condition, we treated rats with AlCl<sub>3</sub> for 42 days. It has been suggested that aluminium is a contributing factor in the pathogenesis of Alzheimer's disease. Hence to induce neurotoxicity as observed in AD, aluminium chloride was used [7] and cerebral ischemia -reperfusion was performed on  $41^{\text{th}}$  day from initiation of experiment in same animals.Our objective of study was to investigate neuroprotective effect of cromakalim (potassium channel opener) on cerebral ischemic stroke in aluminum chloride induced neuronal toxicity in rats. Cromakalim is ATP sensitive potassium channel opener and it improves neurological function and reduced cerebral infarction volume in rats [6].

Studies have shown that oxidative stress is increased during acute cerebral ischemia and plays a key role in ischemic nerve injury. It is well reported that during IR injury along with aluminium antioxidant mechanisms are compromised and hence it raise lipid peroxidation (malondialdehyde-MDA level) and reduced super oxide dismutase (SOD) levels in diseased control animal [15].In present study, cromakalim significantly lowers value of MDA and increased level of SOD in IR-aluminium treated rats. Thus prevent lipid peroxidation and oxidative stress.This suggest anti-oxidant role of cromakalim to produce neuroprotection. Aluminium crosses the blood brain barrier and induces inflammatory responses and inhibits long-term potentiation, and causes synaptic structural abnormalities, thereby resulting in profound memory loss [16]. Aluminium raises brain acetylcholinesterase level, cause neurodegeneration and neuroinflammation.It itself results into oxidative damage to brain and cognitive dysfunction.

Aluminium has a biphasic effect on acetylcholinesterase activity, withan initial increase in the activity of this enzyme during the first 2 weeks of exposure followed by a markeddecrease. These results into slow accumulation of aluminium in the brain [17, 18, 19] and thiswould contribute to the increase in acetylcholinesterase activity as observed in the aluminium chloride treated rats.Further, it is well established that more level of same enzyme is responsible for Alzheimer'sdisease to damage cholinergic neurones. Chronic administration of cromakalim was found to reduce brain acetylcholinestarse level and also reduced oxidative damage induced by ischemia –reperfusion injury along with chronic aluminium administration. Hence from data of our study, cromakalim

treatment prevents cholinotoxic effect of aluminium on neurones in IR-aluminium treated rats. This is further supported by significant lower value of neurological damage score in cromakalim treated animals when compared with IR control animals and AlCl<sub>3</sub>-IR animals.Cromakalim significantly raised Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity and reduced brain hemisphere weight difference. As it is well understood that neuronal cell damage by ischemic injury and by chronic aluminium administration interrupt activity of Na<sup>+</sup>/K<sup>+</sup> ATPase pumps which maintain cellular water level. Due to inhibition of this pump, extracellular potassium accumulates and at the same time that sodium and water are sequestered intracellular and leading to cell swelling, its lysis and raised brain hemisphere weight difference [20].Hence our report show role of cromakalim in prevention of this cell injury.

Hence our results show that cromakalim significantly improves neurological functions at 24 hours post-surgery, and provide neuroprotection as observed by reduced acetylcholinestarase level, malondialdehyde level, the neurological score, brain hemisphere weight difference and by raising SOD level along with Na<sup>+</sup>/K<sup>+</sup> pump activity when compared with disease control groups. These results suggest that prophylactic use of cromakalim could improve neurological functional and protect neurons as well as stroke related disorders in a rat model of cerebral ischemia-reperfusion injury with AlCl<sub>3</sub> induced neurotoxicity.

## CONCLUSION

In present study, results suggests that pre-treatment with cromakalim (10mg/kg i.p.) produce neuroprotective effect in AlCl<sub>3</sub>-IR animals as indicted by reduction in, neurological deficit, malondialdehyde, cholinesterase enzyme and raised anti-oxidant enzyme defence. This protective effect might be due to free radical scavenging effect, enhancing anti-oxidant enzyme and reducing cholinesterase activity.

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#### **CONFLICT OF INTEREST**

We declare that we have no conflict of interest.

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